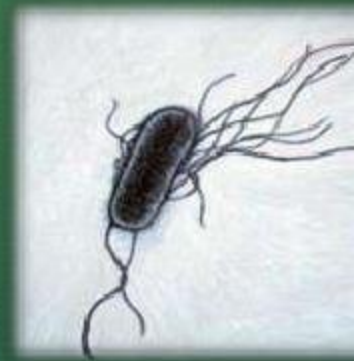


LECTURE IX

Causative agents of gastro-intestinal diseases
(genera *Escherichia*, *Shigella*, *Salmonella*, *Vibrio*,
Campylobacter, *Helicobacter*). Pathogenic
anaerobes (genus *Clostridium* and *Bacteroides*).

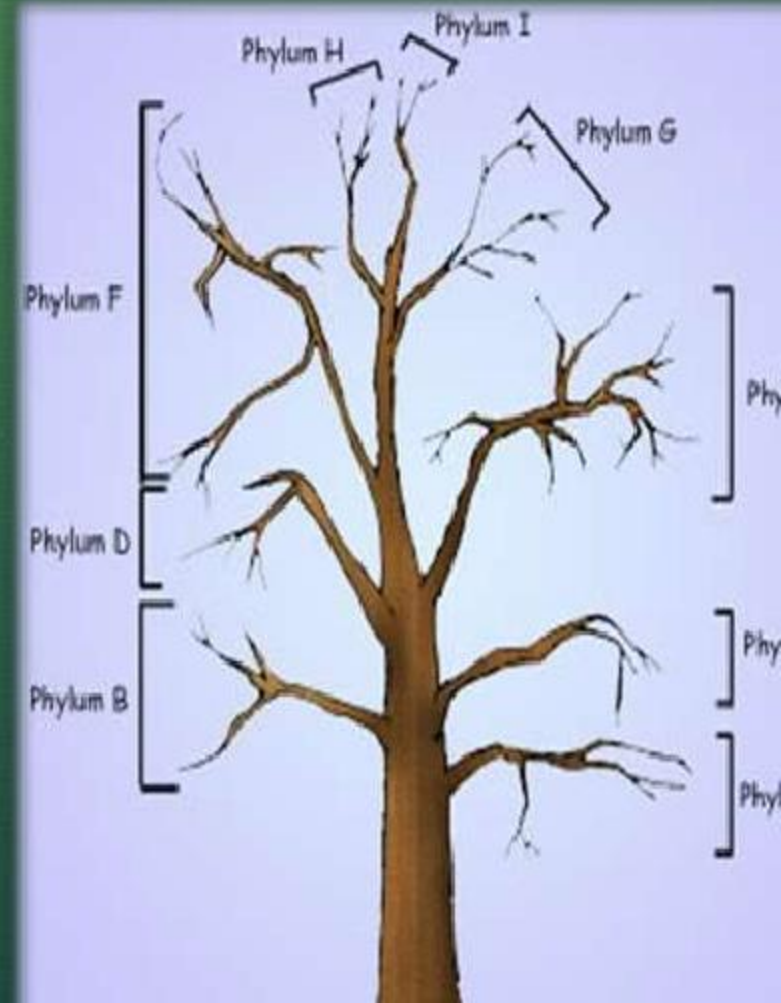
E.coli

- Morphology Gram - ve Straight rods,
- 1-3 X 0.4 -0.7 microns,
- Appear in singles or in pairs,
- Motile by peritrichate flagella.
- Very few strains non motile
- Not spore forming, Non acid fast.

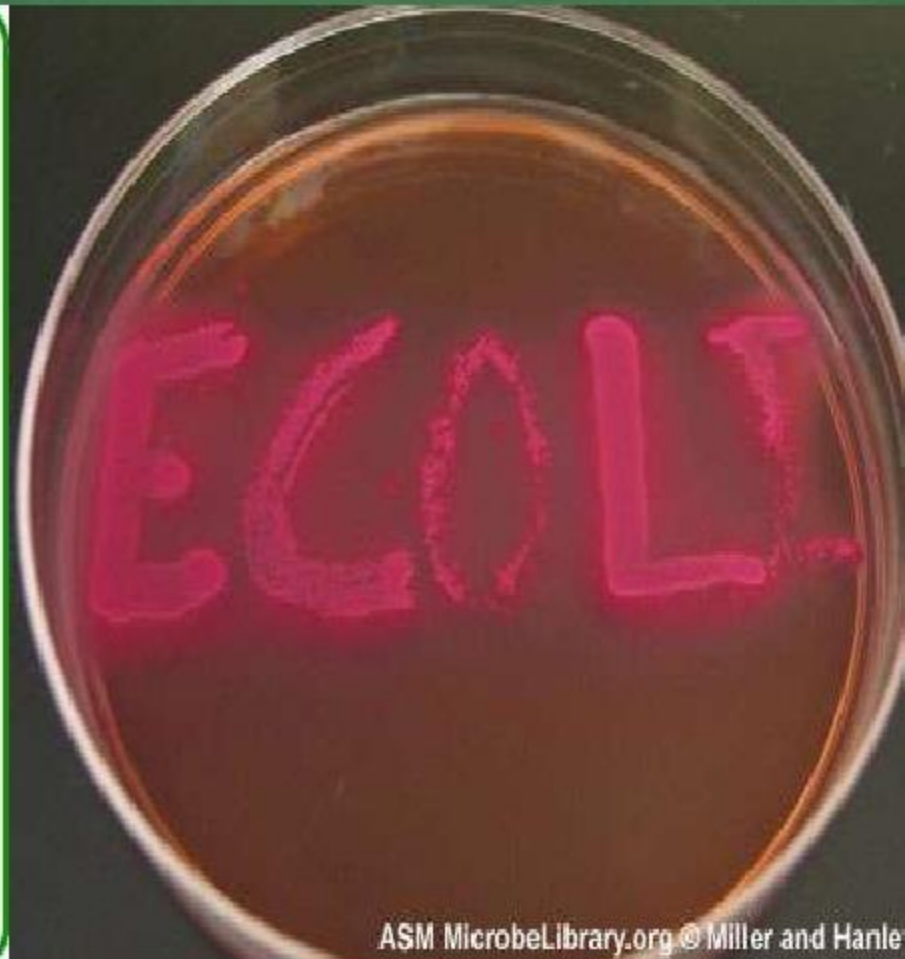
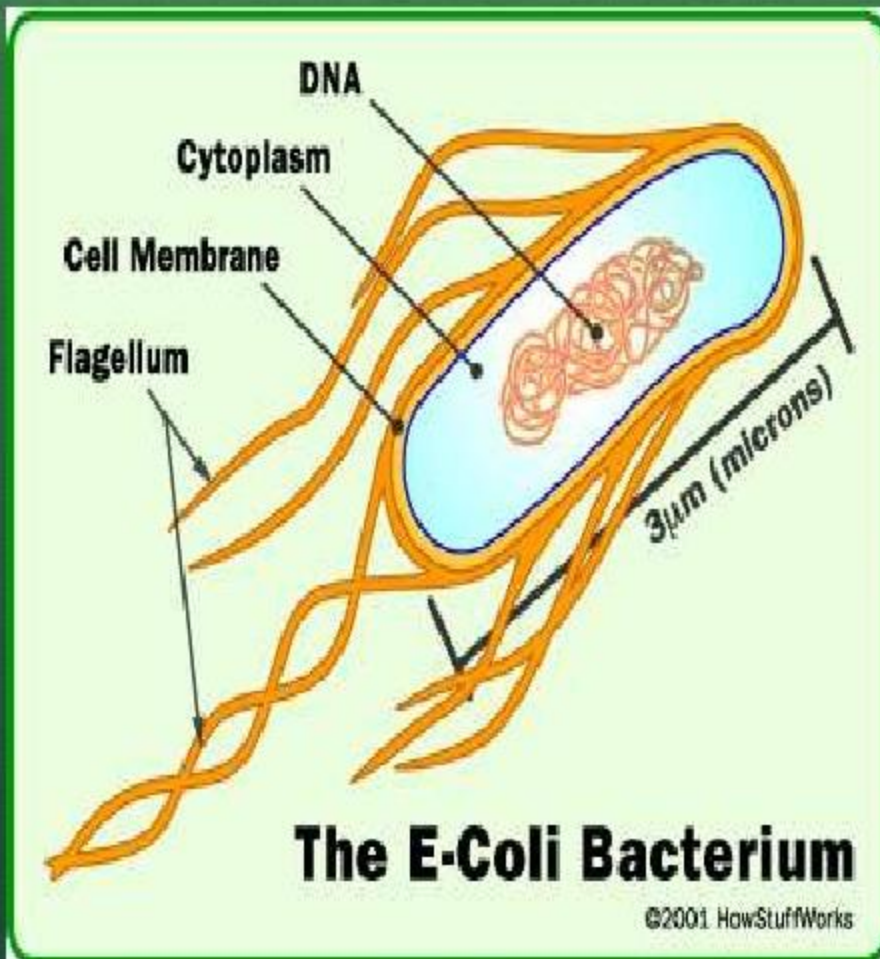


Classification

- Domain: Bacteria
- Kingdom: Bacteria
- Phylum: Proteobacteria
- Class: Gamma Proteobacteria
- Order: Enterobacteriales
- Family: Enterobacteriaceae
- Genus: Escherichia
- Species: Escherichia coli (E. coli)



E.coli



Identification of *Enterobacteriaceae*

Biochemical reactions

- Oxidase test
 - All members of *Enterobacteriaceae* are oxidase negative
 - *Pseudomonas* is oxidase positive
- O/F test
 - All members of *Enterobacteriaceae* are O+/F+
 - *Pseudomonas* is O+/F-
- Nitrate reductase
 - All members of *Enterobacteriaceae* are nitrate reductase positive
 - *Pseudomonas* is nitrate reductase negative

E.coli

Biochemical Characters,

Glucose,Lactose,Mannitol,Maltose
fermented. with A/G

I,M,Vi,C tests.

Indole +

Methyl Red +

Voges Proskauer - ve I,M,Vi,C tests.

Citrate -ve

Urease not produced.



E.coli

Antigenic Structure

- Somatic O 170
- Capsular K 100
- Flagella H 75
- Virulence factors

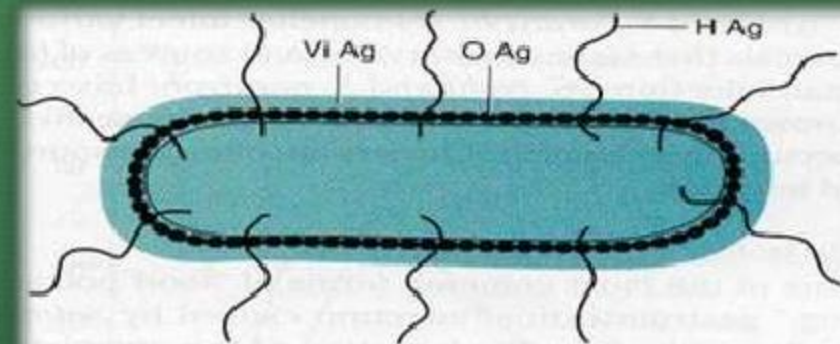


Figure 16-7
The antigenic structures of salmonellae used in serologic typing.

Surface Antigens Toxins

O Endotoxic activity

K protects against the phagocytosis

Fimbriae promote virulence (important in UTI)

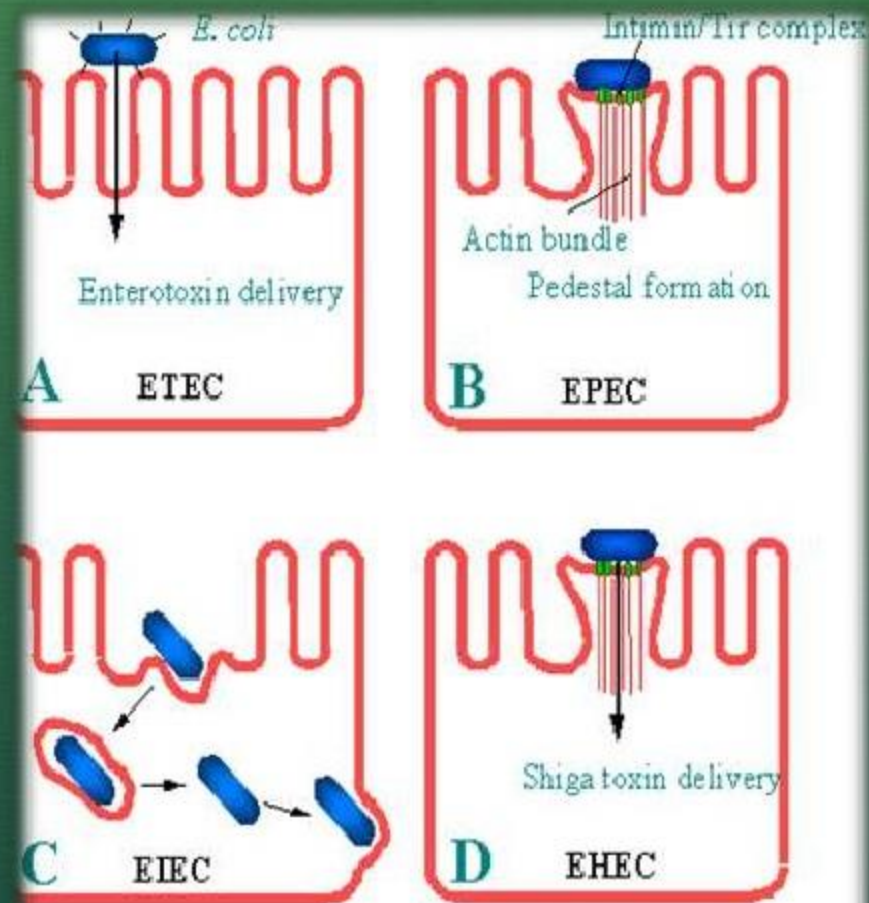
Toxins and E.coli

- E.coli produce Exotoxins
- Hemolysins, Enterotoxins causes Diarrheas,
- Important toxins produces.
- Heat labile HL Heat stable HS

Vero toxins VT Like Shigella toxins

Mechanism of action of Toxins

- Increased cAMP alters the activity of sodium and chloride transporters producing an ion imbalance that results in fluid transport into the bowel



Classification of E.coli

- | | |
|----------------------|------|
| 1. Enteropathogenic | EPEC |
| 2. Enterotoxigenic | ETEC |
| 3. Enteroinvasive | EIEC |
| 4. Enterohemorrhagic | EHEC |
| 5. Enteroadhesive | EAE |

Enteropathogenic E.coli

- Causes diarrheal disease in children,
- EPEC O26/O11
- Produce Verocytotoxin
- Infantile enteritis, Involves upper part of Intestine
- Brush border of the intestine is lost
- Intimacin – EPEC adhesion factor.
- Frequent in summer months
- Poor hygiene predisposes.



Enterotoxigenic E.coli

- Causes travelers diarrhea
- Water contaminated with Human and Animal feces predisposes.
- Laboratory Diagnosis

Demonstration of Enterotoxin LT and ST

Tissue culture tests,

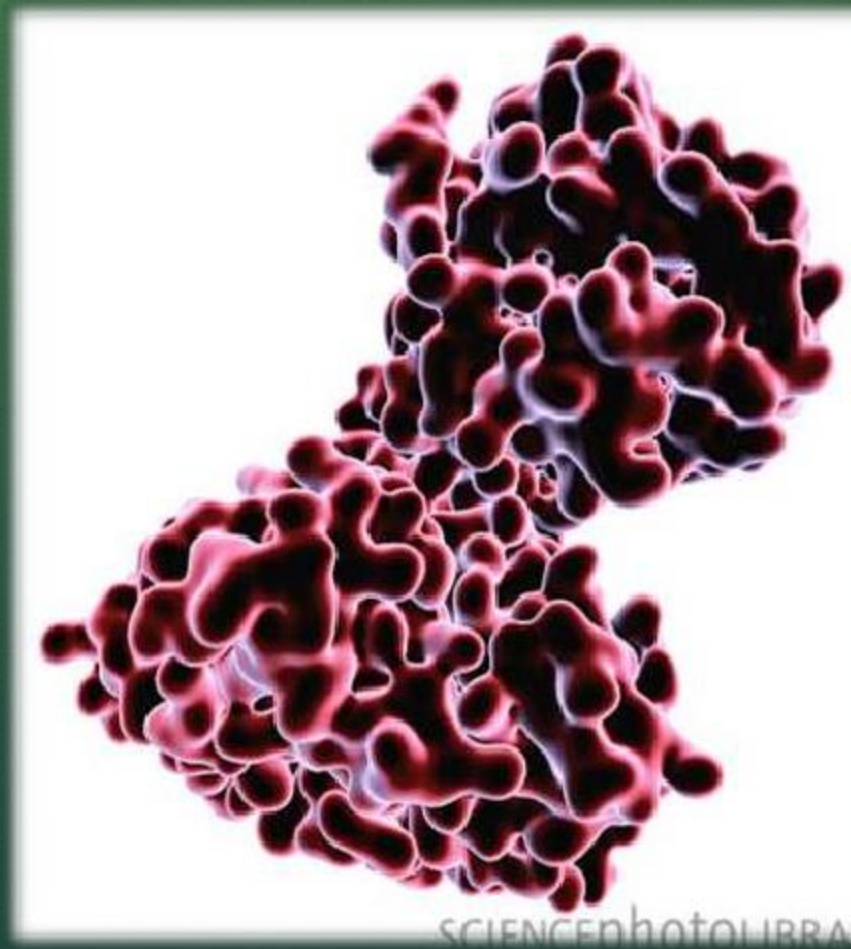
ELISA

Passive agglutination tests.

Animal experiments in Rabbit ileal loop test.

Entero invasive E.coli

- Some are non motile strains,
- Atypical resembles like Shigella.
- Clinically mild diarrhea
- Sereny test positive animal Rabbit.
- ELISA



EHEC (contd)

- Culture
- DNA detection methods.
- Cytotoxic effects on Vero cells.
- Detection with monovalent sera O157/H7



Enterohemorrhagic bacteria Escherichia coli (EHEC)



Most Escherichia coli (E.coli) strains are harmless.

But some, like enterohemorrhagic **E. coli (EHEC)**, are a hazard to human health and life.

Incubation period:
three to eight days

E. coli (EHEC), once in the human stomach, begins producing toxins that cause serious illnesses

Symptoms caused by E. coli (EHEC)

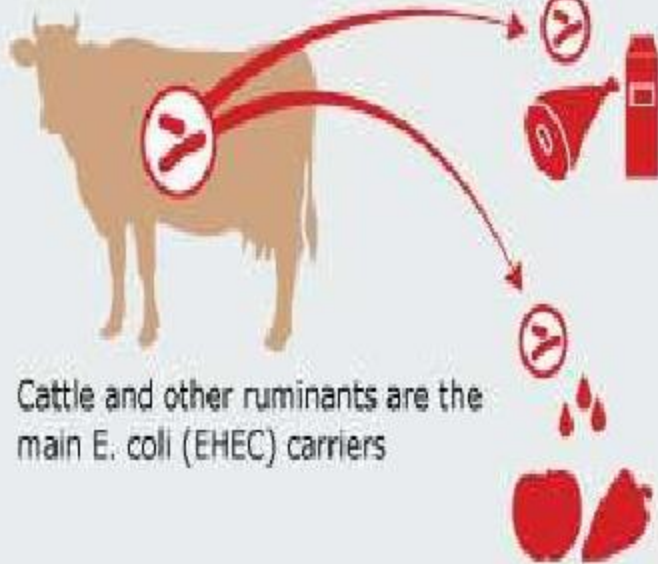
- Stomach muscle spasms
- Diarrhea (sometimes bloody diarrhea)
- Fever
- Vomiting

Complications:

hemolytic uremic syndrome

Death rate: 3-5 %

INFECTION SOURCES



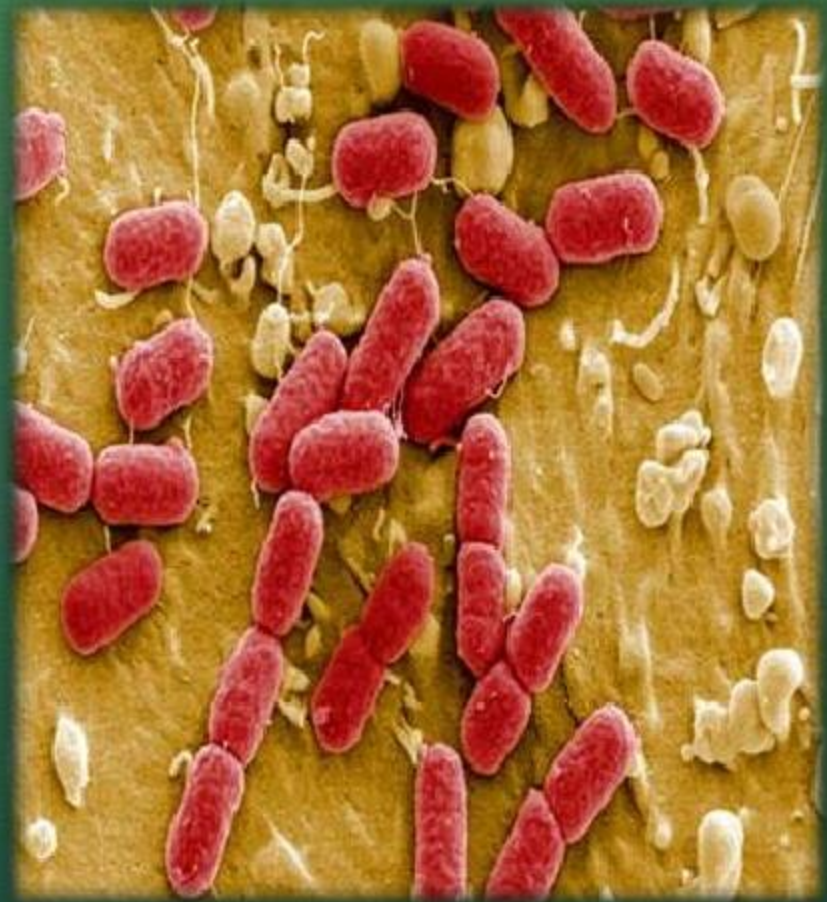
Uncooked meat and raw milk

The bacteria die when food is exposed to heat (70°C and higher)

Fruit and vegetables (droppings of sick animals find their way into water bodies that in turn feed the soil)

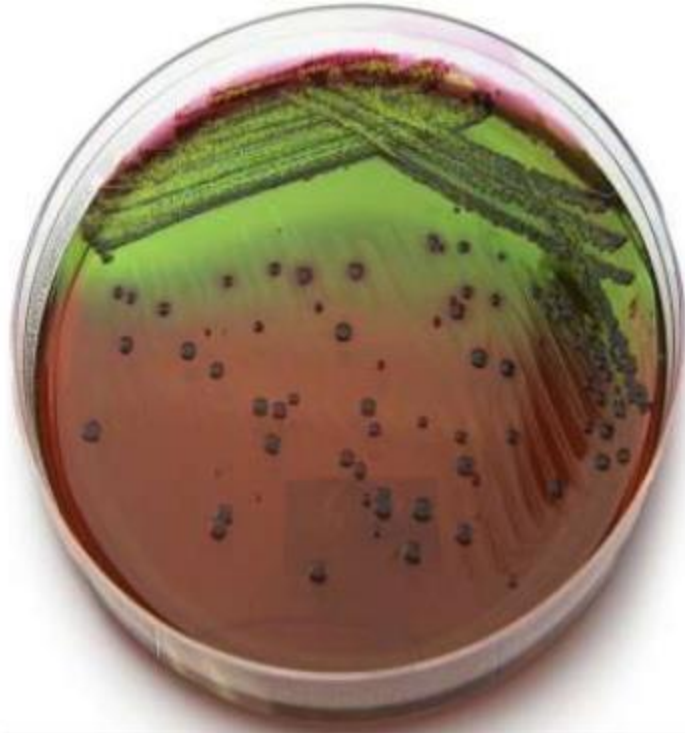
Enteroaggressive E.coli EAEC

- Can cause Diarrhea Detect by Culture methods
- Brick-like aggregates on cell surfaces
- Mucus biofilm inhibits fluid absorption
- Diarrhea
- Detection of Enterotoxin



Culturing for E.coli

- Mid stream sample/semi quantitative culturing (Kass et al) $\geq 1.00,000/\text{ml}$ of urine. (significant Bacteriuria)
- Urine should not be kept in wards for > 2 hours and to be preserved at 4°C
- Culture by standard loop method.
- Fixed volume cultured on MacConkey agar
Lactose fermenters IMViC
- Antibiotic sensitivity tested

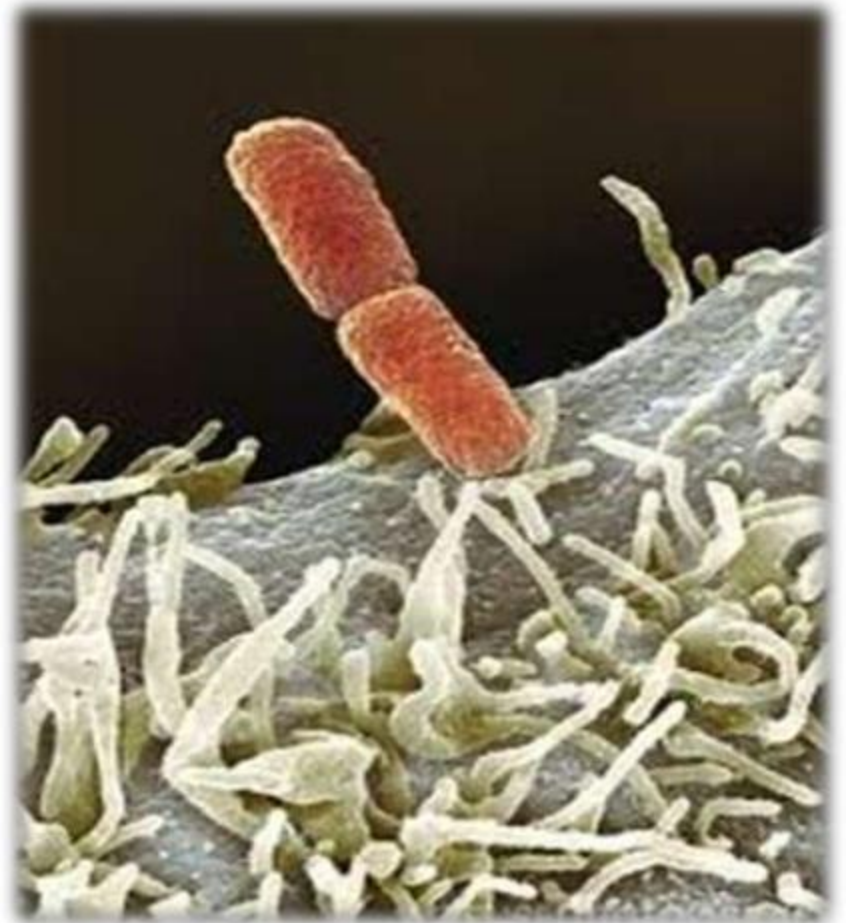


Shigella a Highly Infectious Bacteria

- *Shigella* is one of the most infectious of bacteria and ingestion of as few as **100-200 organisms** will cause disease.
- Most individuals are infected with shigellae when they ingest food or water contaminated with human fecal material.
- *Shigella* can survive up to 30 days in milk, eggs, cheese or shrimps.

MORPHOLOGY AND STAINING:

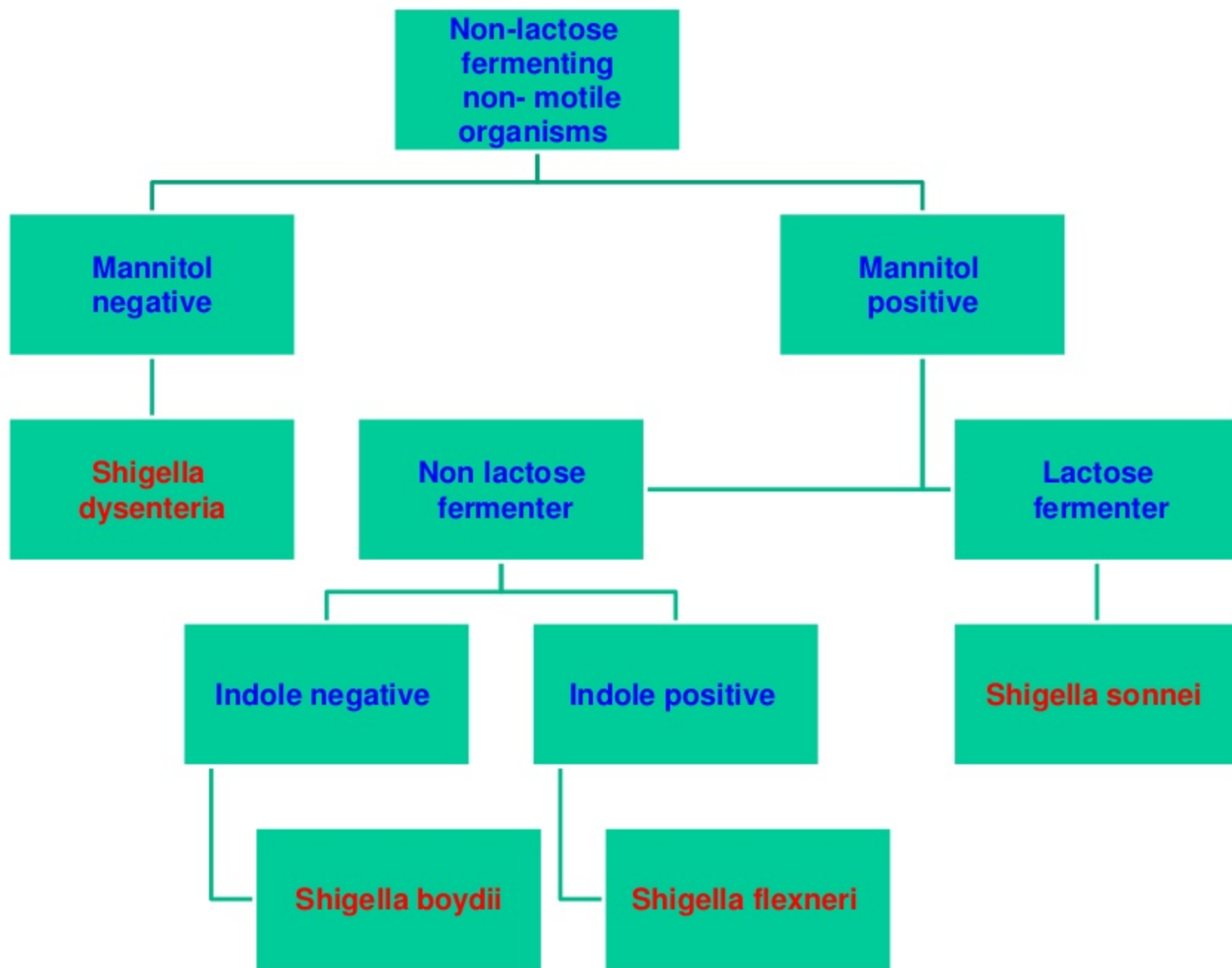
- Short rods
- - Non-encapsulated
- - Non-motile
- - Non-spore former
- - Gram-negative



CLASSIFICATION

on Basis of Mannitol Fermentation:

- 1. Non-mannitol-fermenters
 - *Shigella dysenteria*
- 2. Mannitol-fermenters
 - *Shigella flexneri*
 - *Shigella boydii*
 - *Shigella sonnei*



Pathogenesis & Immunity

- **Exotoxin (Shiga toxin)** is neurotoxic, cytotoxic, and enterotoxic, encoded by chromosomal genes,
- **Enterotoxic effect:** Shiga toxin adheres to small intestine receptors
- Blocks absorption (uptake) of electrolytes, glucose, and amino acids from the intestinal lumen

Characteristics of Shiga Toxin

- Enterotoxic, neurotoxic and cytotoxic
- Encoded by chromosomal genes
- Two domain (A-5B) structure
- Similar to the Shiga-like toxin of enterohemorrhagic *E. coli* (EHEC)
 - NOTE: except that Shiga-like toxin is encoded by lysogenic bacteriophage

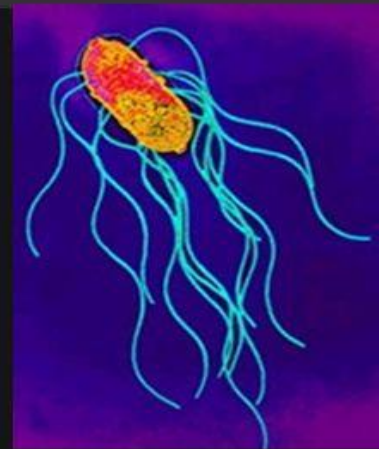
Growth on Selective Medium

- In XLD they appear pinkish to reddish colonies while in Heaktoen Enteric Agar (HEA), they give green to blue green colonies.





SALMONELLA



■ Classification

- Based on DNA-DNA hybridization: 2 species
 - a. *Salmonella enterica* and
 - b. *Salmonella bongori*

Salmonella enterica comprises 6 sub species

S. enterica subspecies *enterica*

subspecies *salamae*

subspecies *arizonae*

subspecies *diarizonae*


subspecies *houtanae*

subspecies *indica*



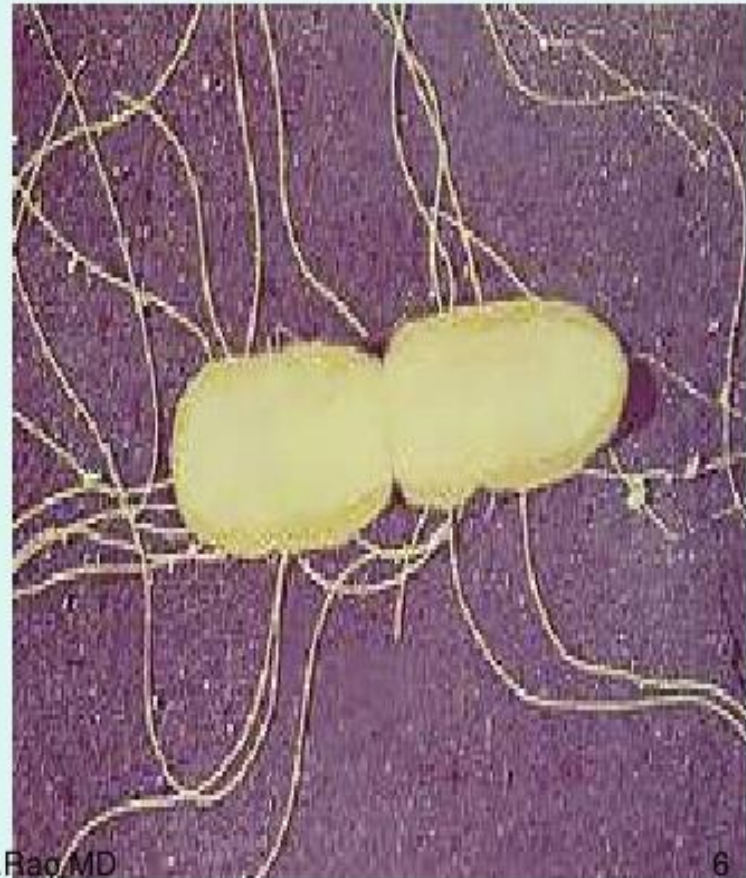
Morphology

- Gram-negative rods
- Motile
- Nonsporing, noncapsulated meas. 2-4 x 0.6 micron

- 
- Family: Enterobacteriaceae
 - Gram-negative rods
 - Motile except *Salmonella* Gallinarum and *S. Pullorum*
 - Aerobic and facultatively anaerobic
 - Catalase positive; oxidase negative
 - Attack sugars by fermentation and produces gas
 - Citrate utilization usually positive except *S. Typhi* and *S. Paratyphi A*
 - Lysine decarboxylase usually positive except *S. Paratyphi A*
 - G+C content 50-53 mol%

Morphology of Salmonella

- Gram negative bacilli
- 1-3 / 0.5 microns,
- Motile by peritrichous flagella



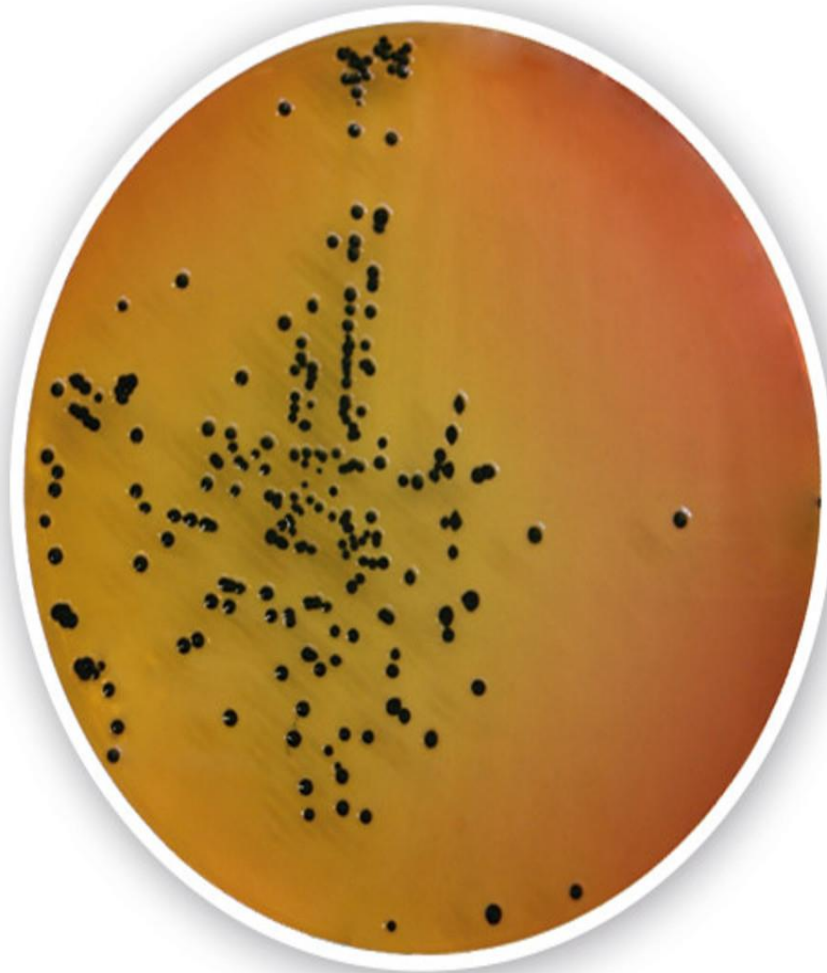
Cultural Characters

- ▶ Aerobic / Facultatively anaerobic
- ▶ Grows on simple media - Nutrient agar,
- ▶ Temp 15 - 41°C / 37°C
- ▶ Colonies appear as large 2 -3 mm, circular, low convex,
- ▶ On MacConkey medium appear
Colorless (NLF)

Selective Medium - Wilson Blair Bismuth sulphide medium. Produce Jet black colonies

H₂S produced by Salmonella typhi

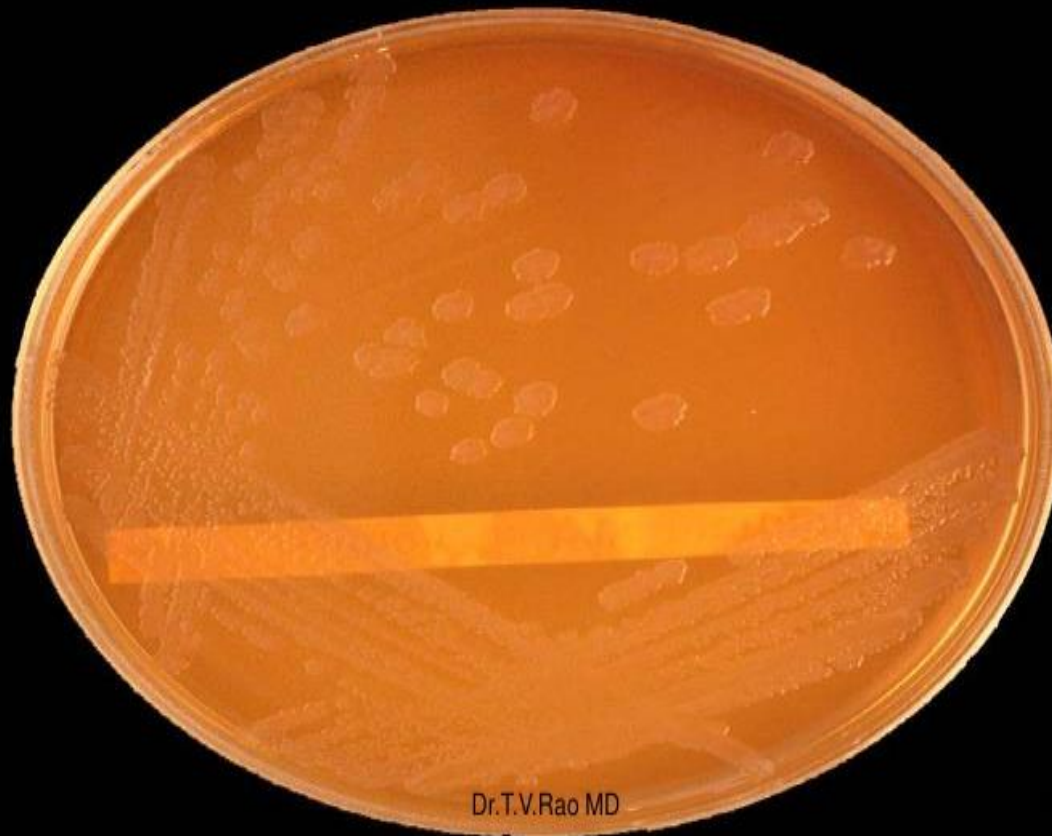
Salmonella spp.
SS (salmonella-shigella) agar



Salmonella spp.
Bismuth Sulfite agar



Salmonella on Mac Conkey's agar



Dr. T.V.Rao MD

Cultural character



- Grow on ordinary culture media
- In MacConkey agar and DCA: Small, circular, translucent, nonlactose fermenting colonies.
- In Wilson and Blair Bismuth sulfite medium: Black colonies with metallic sheen due to production of H_2S
- Selenite F and tetrathionate broth (enrichment media for stool specimen culture)

Biochemical Characters

- ▶ Glucose ,Mannitol ,Maltose produce A/G
- ▶ Salmonella typhi do not produce gas
- ▶ Lactose/Salicin/sucrose not fermented.
- ▶ Indole -
- ▶ Methyl Red +
- ▶ V P -
- ▶ Citrate +
- ▶ Urea -
- ▶ H₂S - produced by Salmonella typhi
- ▶ Paratyphi A do not produce H₂S

- Salmonella can cause

3. Enteric fever
4. Gastroenteritis
5. Septicemia with or without focal suppuration
6. Carrier state

Pathogenicity

- Enteric Fever-
 2. Typhoid fever- *S. typhi*
 3. Paratyphoid fever – *S. paratyphi* A,B,C

- Salmonella typhi—typhoid fever
- Eberth-Gaffky bacillus/Eberthella typhi

- Practically salmonella has been divided into
 6. The enteric fever group-typhoid, paratyphoid bacilli
 7. The food poisoning group

Clinical Manifestations

- Typhoidal salmonella – Enteric fever
- Non typhoidal salmonella – Gastroenteritis

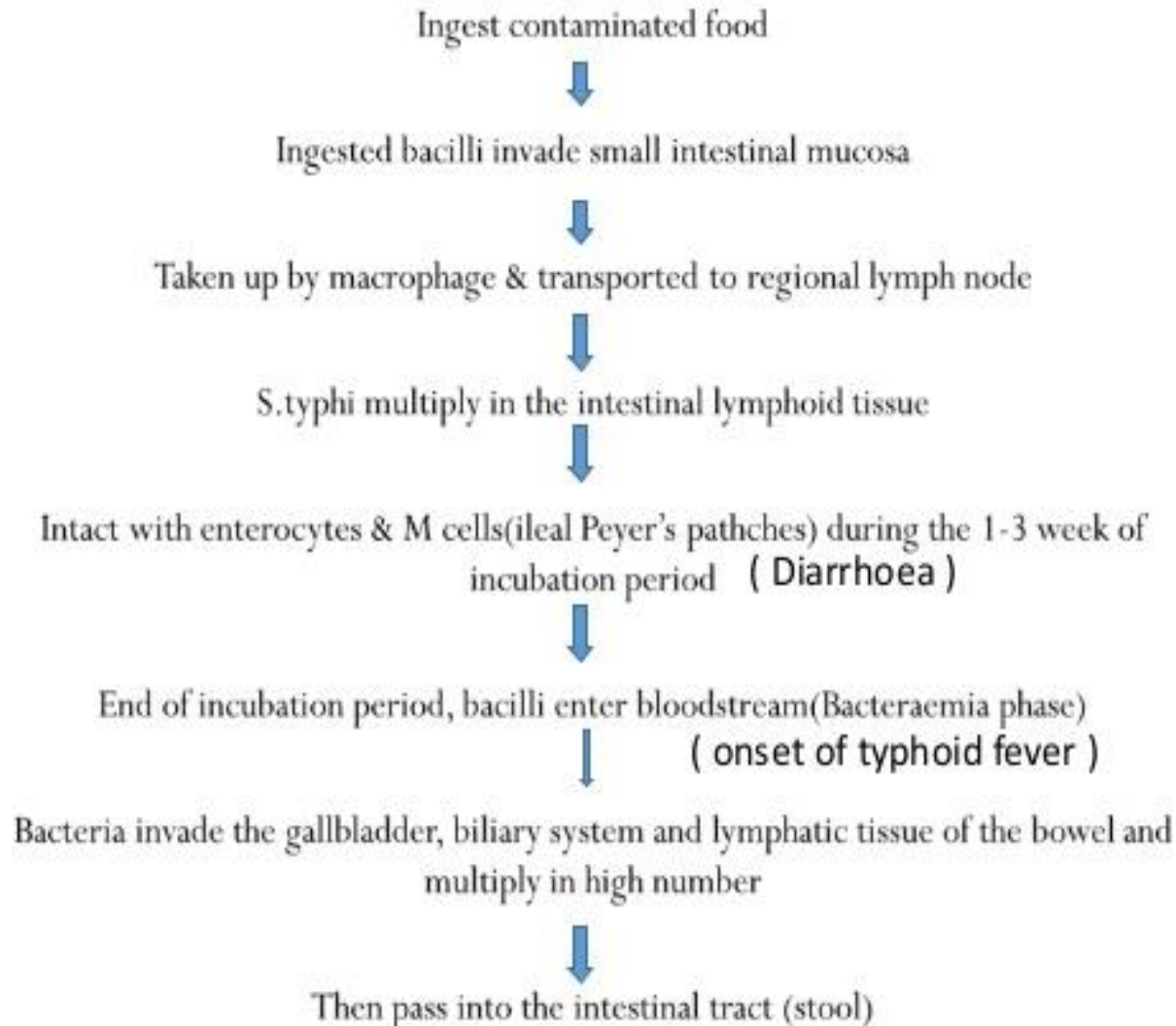
- Bacteremia
- Osteomyelitis
- Localised infections
- Carriers

Clinical manifestations

- ▶ Head ache, malaise, anorexia, coated tongue
- ▶ Abdominal discomfort,
- ▶ Constipation / Diarrhea
- ▶ Step ladder type fever,
- ▶ Relative bradycardia,
- ▶ A soft palpable spleen
- ▶ Hepatomegaly
- ▶ Rose spots appear



PATHOPHYSIOLOGY



CLINICAL FEATURES

Stage 1 (1ST WEEK)

- Slowly rising (stepladder fashion) of temperature for 4-5 days
- Abdominal pain & myalgia
- Malaise
- Headache
- Constipation
- Relative bradycardia

Stage 2 (2ND WEEK)

- Signs and symptoms of 1st week progress

End of 2ND WEEK

- Delirium, complications, then coma & death (if untreated)

End of 1ST WEEK

- Rose spots may appear on the upper abdomen & on the back of sparse
- Cough
- Splenomegaly
- Abdominal distension with tenderness
- Diarrhea



Laboratory diagnosis of Enteric fever

- Typhoid fever + Paratyphoid fever
- Typhoid fever – S.Typhi
- Paratyphoid fever – S.Paratyphi A, B, and C

Specimen collection

Blood

Serum

Urine

Feces

BoneMarrow

Bile

Pus

CSF

Sputum

Gall bladder

Liver

Spleen

Mesentric lymph nodes

Ideal specimen

First week	Blood (culture)
Second week	Serum (Antibodies)
Third week	Stool
Fourth week	Urine

Chance of isolation

Specimens	First week	Third week
Blood	50 to 80%	30%
Feces	40 to 50%	80%
Urine	-	25%

Blood culture

- Volume of blood :
10 to 15 ml from adults and adolescents , 2 to 4 ml in children
- Ratio of blood to bile broth: 1:10
- Or add saponin to BHI broth with 0.05% SPS
- Inoculate the blood immediately
- Transport immediately, never store under 15degC
- Incubate as soon as possible

Diagnosis of Enteric Fever

Widal test

- ▶ Serum agglutinins raise abruptly during the 2nd or 3rd week
- ▶ The Widal test detects antibodies against O and H antigens
- ▶ Two serum specimens obtained at intervals of 7 - 10 days to read the raise of antibodies.
- ▶ Serial dilutions on unknown sera are tested against the antigens for respective Salmonella
- ▶ False positives and False negative limits the utility of the test
- ▶ The interpretative criteria when single serum specimens are tested vary
- ▶ Cross reactions limits the specificity

Widal Test

- ▶ Single test not diagnostic.
- ▶ Paired samples tests
- ▶ Diagnostic.

O > 1 in 80

H > 1 in 160

H agglutinins appear first

False positives in
Unapparent infection,
Immunization

Previously infected



Antimicrobial susceptibility testing

Drugs :

1. Amoxycillin
2. Co-amoxiclav
3. Cefuroxime
4. Cotrimoxazole
5. Ciprofloxacin
6. Chloramphenicol

Vaccines

- ▶ An Injectable vaccine Typhium Vi
- ▶ Contains purified Vi polysaccharide antigen from S.typhi strain Ty2
- ▶ A single dose, subcutaneous route
- ▶ Given to children > 5 years
- ▶ Immunity lasts for 2- 3 years.
- ▶ Follow a booster

Salmonellosis



Dr. BHARAT KALIDINDI

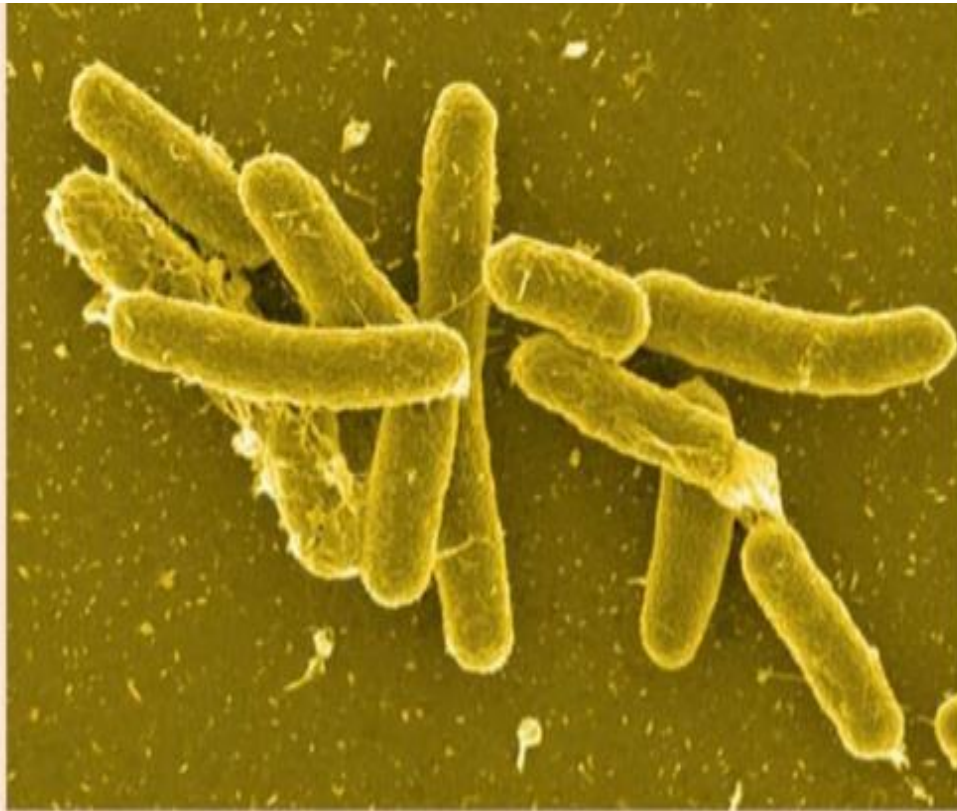
SAMS PAGE

MPH 2nd Sem

Padmashree School of Public Health Bangalore.

(Affiliated by Rajiv Gandhi University of Health Sciences, Bangalore)





- Gram Negative Bacteria
- Species:
 - S. Bongori
 - S. Enterica
 - Six sub species
- More than 2500 Serovars/Serotypes
- Many are zoonotic

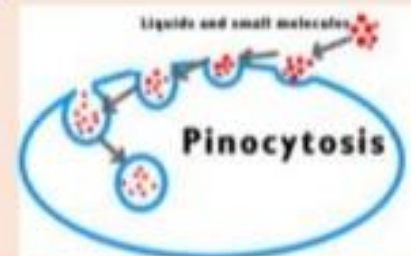
Human Transmission

- Fecal-oral: direct or indirect
- Commonly contaminated items
 - Meat, eggs, water
- Fecal material from:
 - Reptiles
 - Chicks
 - Ducklings
 - Livestock, dogs, cats, adult poultry



Pathophysiology

- Bacteria colonizes in the ileum – the end part of small intestine
- They invade intestinal epithelium
- They expand within the epithelium and lymphoid cavities
- The invasion happens when organisms start to ruffle
- This way they stimulate the pinocytosis
- They multiply & spread through mesenteric lymph nodes
- After reaching intestines they create an acute inflammation



CLINICAL PRESENTATION

Incubation period: 6-72 hours

but illness usually occurs within 12-36 hours after exposure

Symptoms:

- acute diarrhea
 - abdominal pain
 - fever
 - Vomiting
 - Headache, fever, chills, myalgia
 - Severe dehydration: infants, elderly
-
- The illness usually lasts 4-7 days, and most people recover without treatment.
 - Rates of invasive infections and death are generally higher among infants, older adults, and people with immunosuppressive conditions (including HIV), hemoglobinopathies, and malignant neoplasms.

DIAGNOSIS

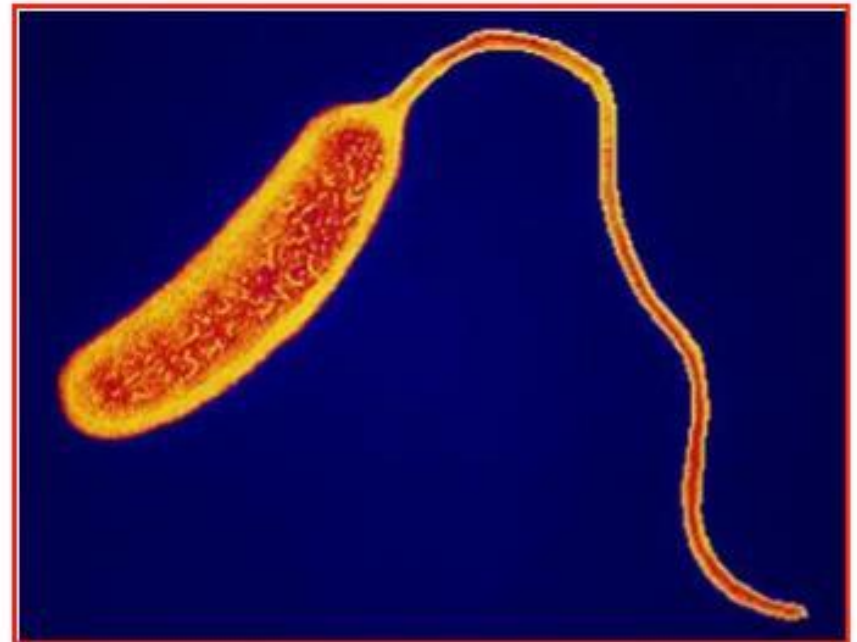
- Diagnosis is based on isolation of *Salmonella* organisms
- About 90% of isolates are obtained from routine stool culture, but isolates are also obtained from blood, urine, and material from sites of infection
- Isolates of salmonellae are needed for serotyping and antimicrobial susceptibility testing
- PCR

Antibiotic Therapy for Nontyphoidal Salmonella Infection in Adults

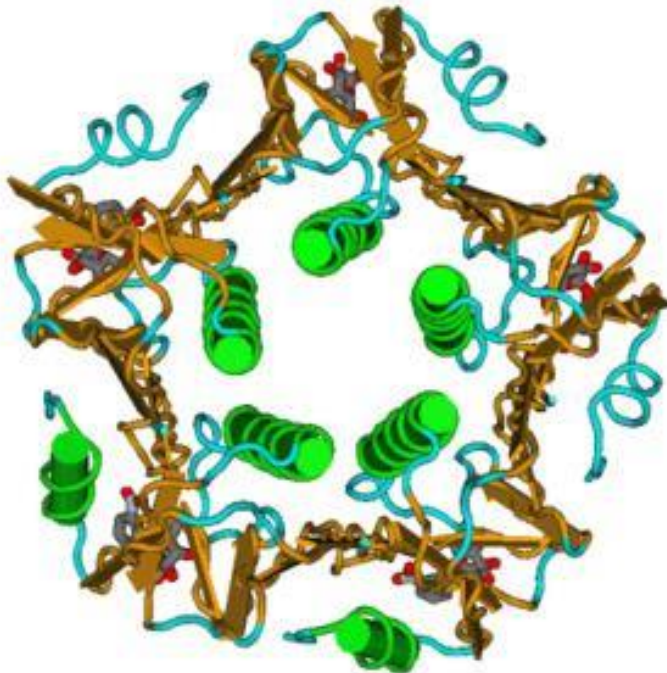
Indication	Agent	Dosage (route)	Duration, days
Preemptive Treatment			
	Ciprofloxacin	500 mg bid (PO)	2–3
Severe Gastroenteritis			
	Ciprofloxacin	500 mg bid (PO) or 400 mg q12h (IV)	3–7
	Trimethoprim-sulfamethoxazole	160/800 mg bid (PO)	
	Amoxicillin	1 g tid (PO)	
	Ceftriaxone	1–2 g/d (IV)	

Vibrio Cholerae

- Gram negative
- Facultative anaerobe
- Curved-shaped rod
- One polar flagellum
- Housed by zooplankton in both fresh and salt water
- Found in water contaminated with fecal matter
- Cholera Toxin



Cholera Toxin



- ❑ A-B Exotoxin
- ❑ Causes Cholera in humans
- ❑ Produced by the CTXf bacteriophage
- ❑ A subunit (activating)
 - A1 domain: enzymatic active site
 - A2 domain: α -helical tail
- ❑ B subunit (binding)
 - Pentameric ring around central pore

Bio Chemical Reactions

V.cholrae(Classical)

Hemolysis	-ve
Voges -proskauer test	-ve
Polymyxin sensitivity	+ve
Group IV phage	
Susceptibility	+ve
Chick erythrocyte	
Agglutination	-ve

V.cholrae (El Tor)

+ve
+ve
-ve
-ve
+ve

Diagnosis

- Stool culture: Toxigenic *Vibrio cholerae* O1
- Use Cary Blair Transport media if available
 - Viable for many days at room temperature
- Use TCBS media for culture
- Use *V. cholerae* serogroup O1 antisera
- Confirm presence of cholera toxin
- Cholera Rapid Test Dipsticks

How is the Infection Diagnosed?

- ❑ Isolated from stool or vomit
- ❑ Cholera antibodies in the blood
- ❑ Fecal leukocyte stain
- ❑ Stool culture
- ❑ Thiosulfate Citrate Bile Salts Sucrose (TCBS) agar



Selective Medium - TCBS

- *V.cholerae* grows well on Thiosulphate citrate bile sucrose (TCBS) agar, on which it produces yellow colonies that are readily visible against the dark green background of the agar.



Clinical manifestations

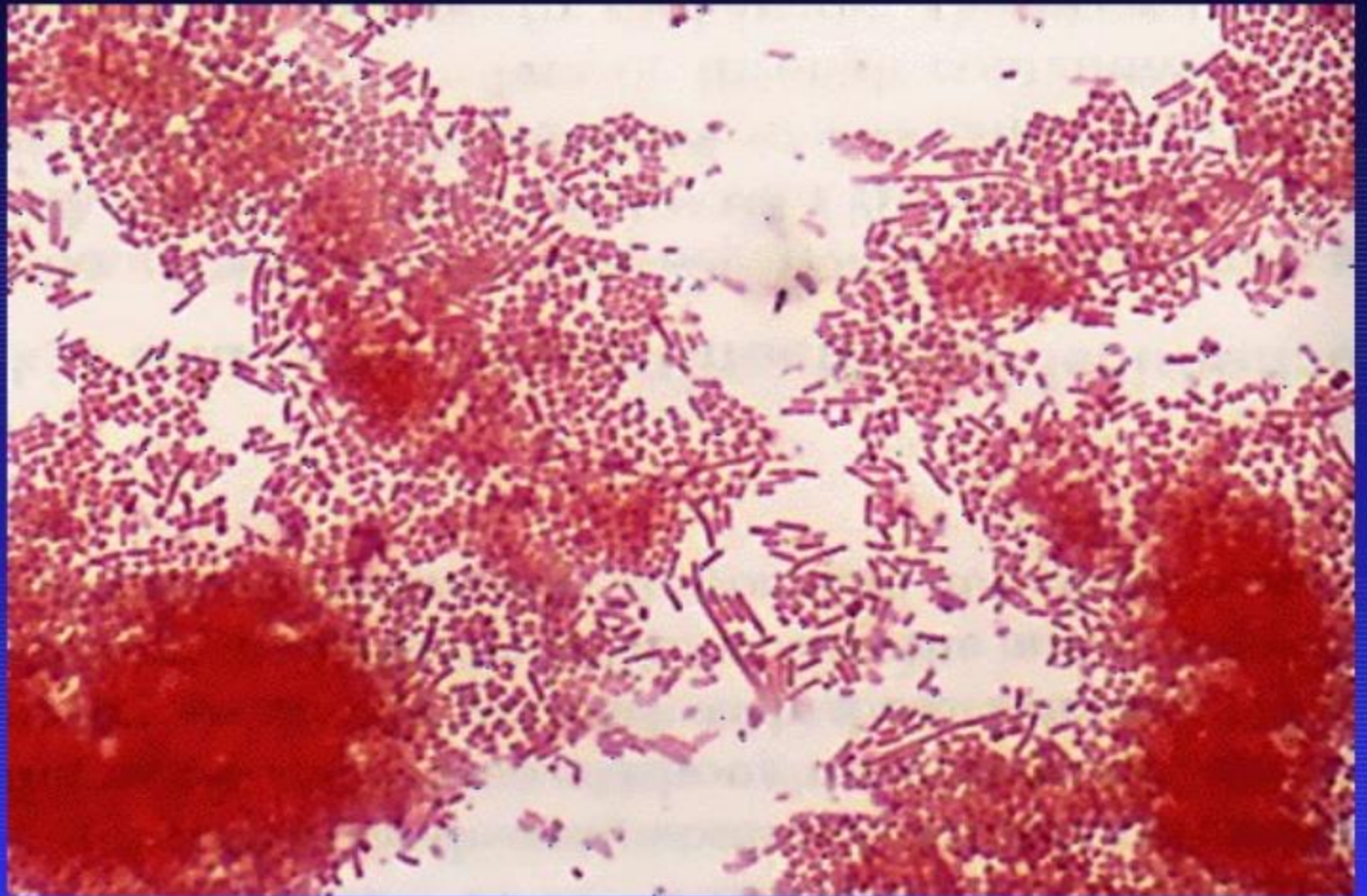
- Diarrhea occurs as much as 20 – 30 Liters/Day fluids are lost.
- Results in dehydration
- Shock
- Acidosis
- Can lead to death.
- About 60% of infections are caused with classic *V.cholrae* and are asymptomatic, about 75% of infections are caused by *El Tor* biotype.



Bacteroides

- *B. fragilis* is most significant.
- Pale irregularly staining Gram negative bacilli/coccobacilli with polysaccharide capsule.
 - ◆ Pleomorphic
- Normal flora of large intestine & female genital tract. Normal stool contain 10^{10} *B. fragilis* organisms per gram.
- Cause abdominal, lung and brain abscesses and wound infection

Bacteroides



Bacteroides Virulence Factors

- Polysaccharide capsule
- Lipopolysaccharide
- Agglutinin
- Histolytic enzyme
- Oxygen tolerance
- β lactamase

Genus Clostridium

- In Anaerobic spore bearing Gram positive bacilli Spores are wider than the body giving spindle shape
- The name derived from word **Kolster** meaning **spindle**



Clostridium

C. perfringens: gas gangrene; food poisoning

C. tetani: tetanus

C. botulinum: botulism

C. difficile: pseudomembranous colitis

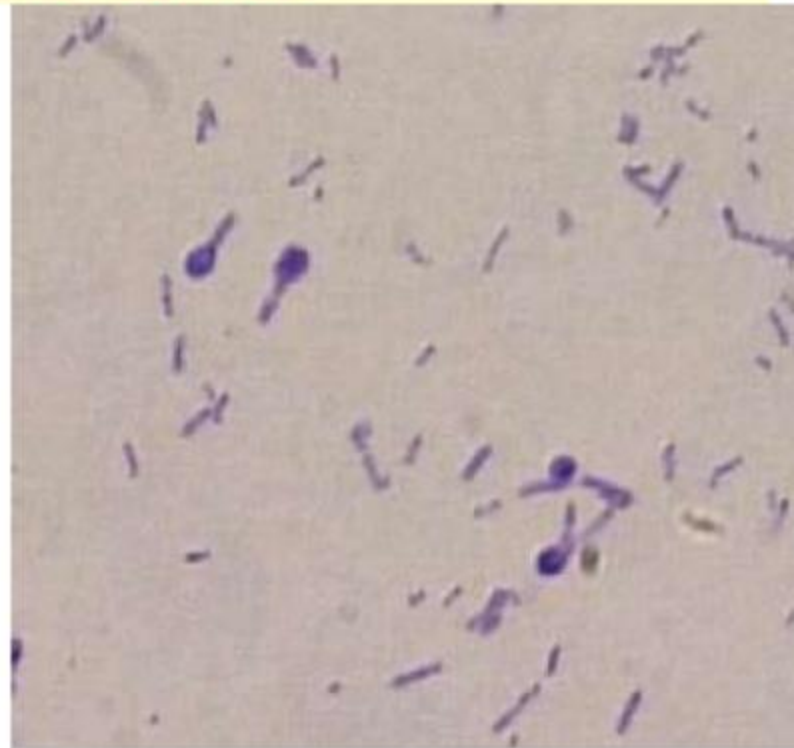
Physiology and Structure

Anaerobic.

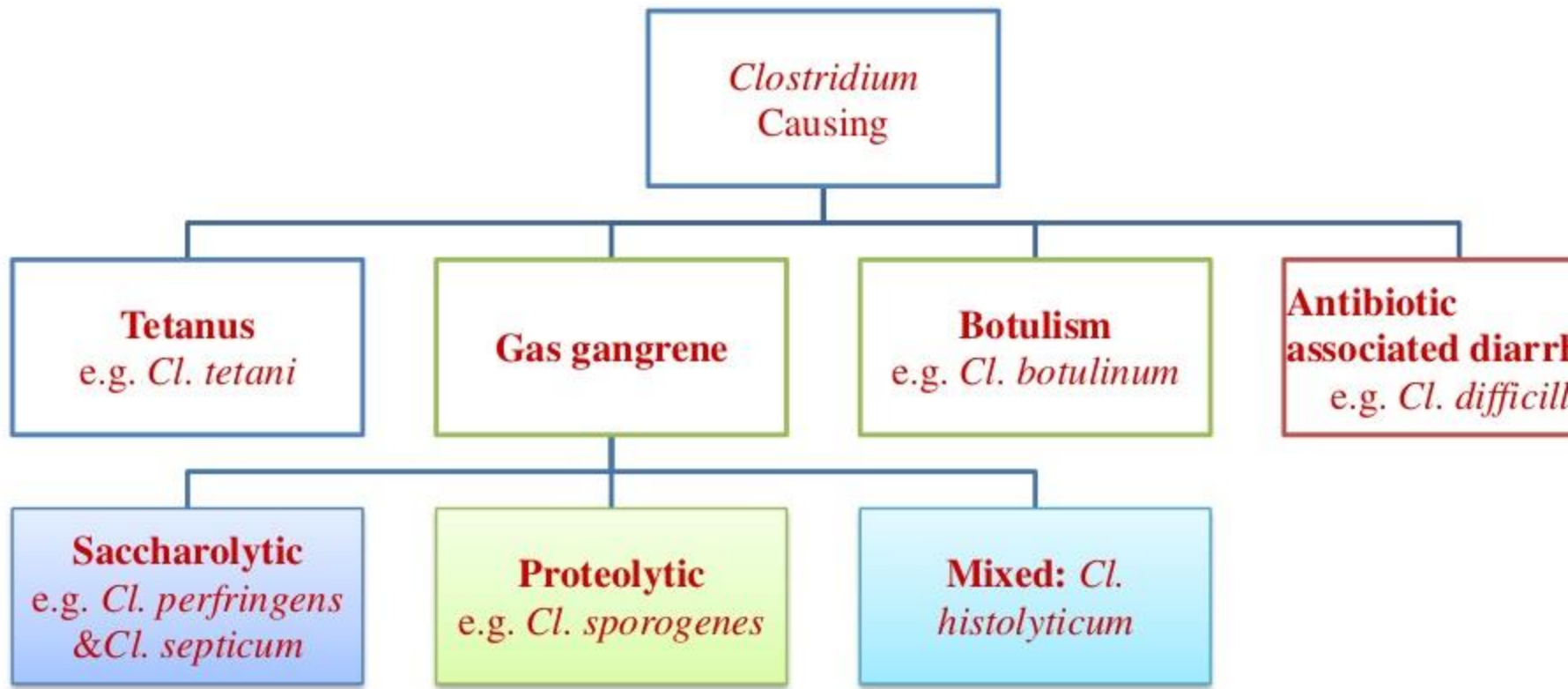
Large gram-positive rods.

The spores are usually wider than the rods, and are located terminally or sub terminally.

Most clostridia are motile by peritrichous flagella.

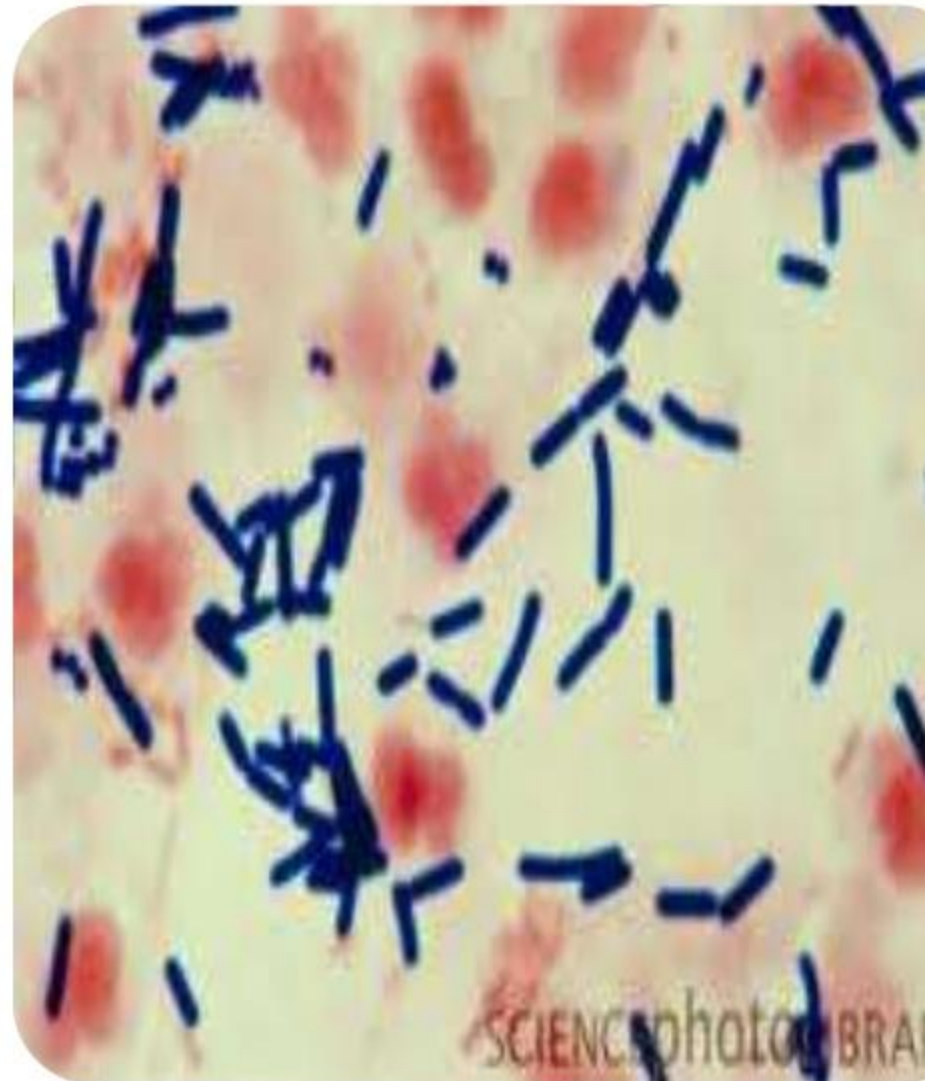


Clostridia of medical importance



How they appear in Gram staining

- They are Gram positive, but may appear to be Gram negative. All produce spores, which enable the organisms to survive in adverse conditions, for example in soil and dust and on skin.



Clostridium perfringens

- Large Gram-positive bacilli with stubby ends
- **Capsulated**
- **Non motile** Anaerobic
- Grown quickly on selective media
- **Can be identified by Nagler reaction**

Some Clostridia Produce Gas

gangrene

- The organisms associated **with gas gangrene** attack soft tissues by producing toxins and aggressins, and are referred to as histotoxic. *C. difficile* and some strains of ***C. perfringens*** produce enterotoxins.

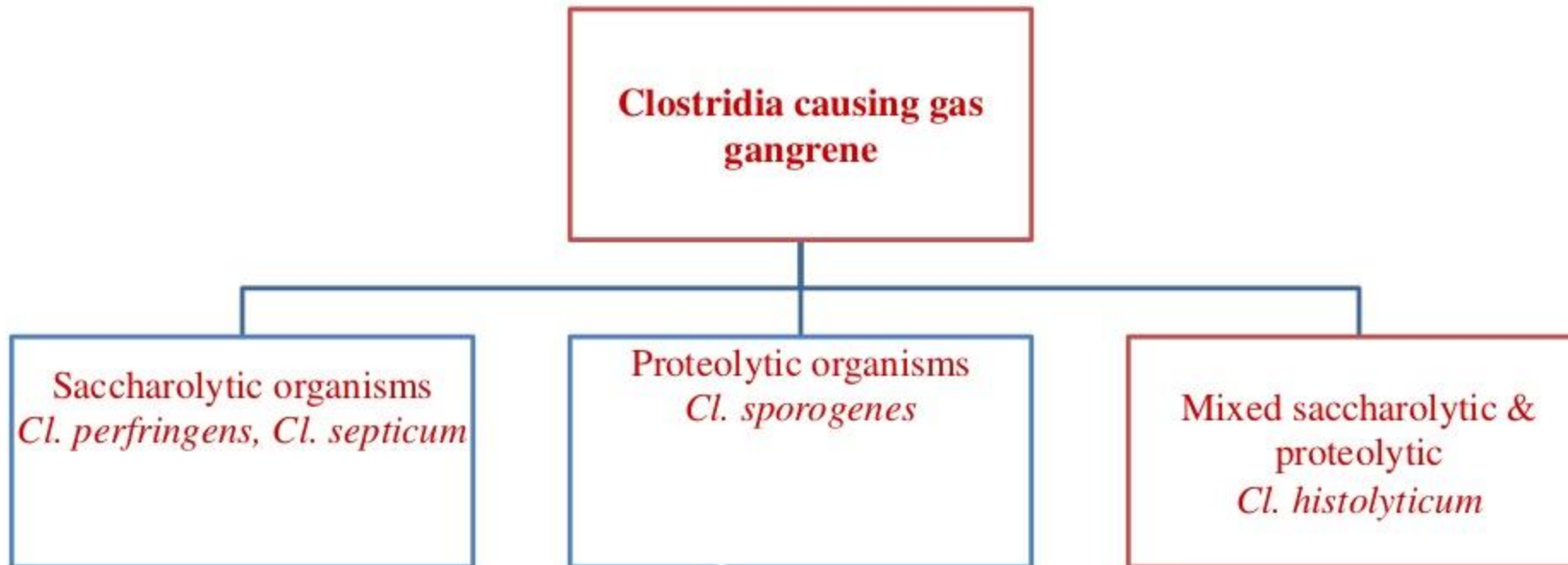


C. perfringens

- C. perfringens is a relatively large Gram-positive bacillus (about $4\text{--}6 \times 1 \mu\text{m}$) with blunt ends. It is capsulate and non-motile. It grows quickly on laboratory media, particularly at high temperatures (approximately 42°C), when the doubling time can be as short as 8 min. I



Clostridium Causing Gas Gangrene



The Agent

- **Clostridium perfringens**

- Gram-positive bacteria

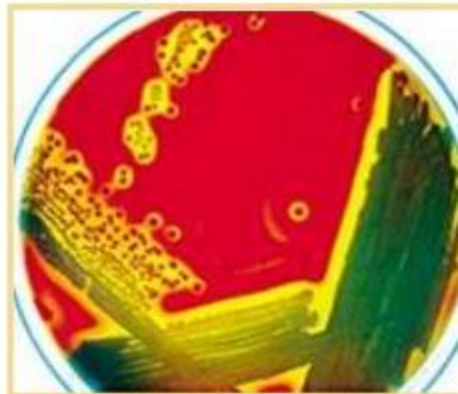
- Anaerobic rod

- 3-8 x 0.4 – 1.2 μ m

- Found in soil, decaying matter and intestinal tract of mammals

- 5 types (A-E)

- Types B and D produce the epsilon toxin



Micro & Macroscopic C. perfringens

NOTE: Large rectangular gram-positive bacilli



NOTE: Double zone of hemolysis



Inner beta-hemolysis = θ toxin
Outer alpha-hemolysis = α toxin

Resistance

- Vegetative bacteria is killed like other bacteria
- *Cl. perfringens* destroyed by boiling
- *Cl. botulinum* not killed even at 105 °C for less than 100 minutes
- All spores are killed at 121 °C in 20 minutes
- Halogens , Glutaraldehyde are effective on spores
- Metronidazole and Penicillin and Chloramphenicol are effective

How Clostridia are Cultivated

- Clostridia grow well on ordinary medium under anaerobic medium



Media used for Cultivation

- Liquid medium for cultivation cooked meat broth
- Thiglyclolate broth
- CMB contain unsaturated fatty acids which take up oxygen
- Proteolytic medium turns the medium black and Saccharolytic medium turn the meat pink



Virulence Factors

- Virulence factors
 - toxins –
 - alpha toxin – causes RBC rupture, edema and tissue destruction
 - collagenase
 - Hyaluronidase
 - DNase

Toxins

- The toxins of *Cl. perfringens*
 - α toxin (phospholipase C, lecithinase) is the most important toxin
 - Lyses of RBCs, platelets, leucocytes and endothelial cells
 - Increased vascular permeability with massive hemolysis and bleeding tissue destruction
 - Hepatic toxicity and myocardial dysfunction
 - β -toxin is responsible for necrotic lesions in necrotizing enterocolitis
 - Enterotoxin is heat labile toxin produced in colon → food poisoning

C. perfringens

Clinical Diseases

Gas gangrene

Spores germinate → vegetative cells multiply, ferment carbohydrates and produce gas in the tissue. This results in distension of tissue and interference with blood supply → the bacteria produce necrotizing toxins and Hyaluronidase, which favor the spread of infection → tissue necrosis extends, resulting in increased bacterial growth, hemolytic anemia, then severe toxemia and death.

Incubation: 1-7 days after infection.

Symptoms: Crepitation in the subcutaneous tissue and muscle, foul smelling discharge, rapidly progressing necrosis, fever, hemolysis, toxemia, shock, renal failure, and death.

Can be also caused by other *Clostridium* species.

Clostridial Cellulitis





C. perfringens

Laboratory Diagnosis

Specimens: pus, necrotic tissue, feces, food, etc.

Smears: large gram-positive rods with or without spores, usually in the absence of leukocytes.

Culture: anaerobic culture on blood plate.

Identification:

“**Storming fermentation**”-- clot torn by gas in 24 hrs.

Lecithinase test-- precipitate formed around colonies on egg yolk media.

Biochemical tests.

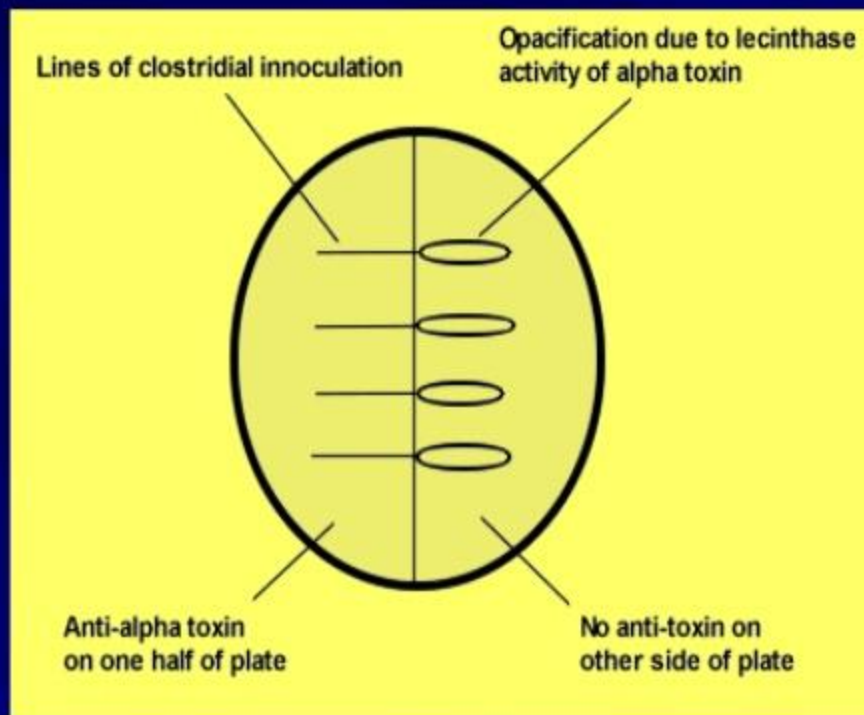


C. perfringens Nagler Reaction



NOTE: Lecithinase (α -toxin; phospholipase) hydrolyzes phospholipids in egg-yolk agar around streak on right. Antibody against α -toxin inhibits activity around left streak

Nagler Reaction



Procedure of Nagler Reaction



Positive Nagler Reaction

Biochemical Tests

- *Cl. perfringens* characterized by:
 - It ferments many carbohydrates with acid & gas
 - It acidified litmus milk with stormy clot production
 - Nagler reaction is positive



Clostridium tetani

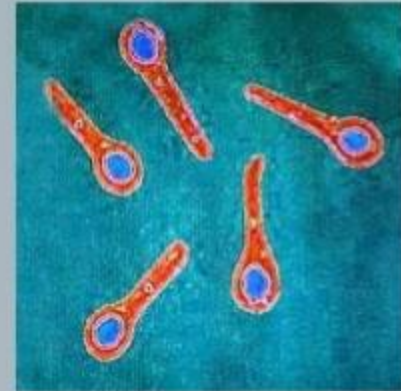
Anaerobic bacteria of the genus species *Clostridium* it is gram positive, slender bacillus and it has spherical terminal spores giving drum stick appearance

It is non capsulated & motile with peritrichous flagella

It produces a potent biological toxin, tetanospasmin, and is the causative agent of tetanus a disease characterized by painful muscular spasms that can lead to respiratory failure and, in up to 40% of cases, death.



Cl. Tetani



- Soil and GIT
- Terminal spores – drumstick appearance
- Non capsulated, motile except type VI
- Grows on BA,NA,CMB, Thioglycoslate broth
- CMB- Black, BA – Swarming,
- Iridescence – greenish fluorescence on MA
- No sugars fermented

What is Tetanus?

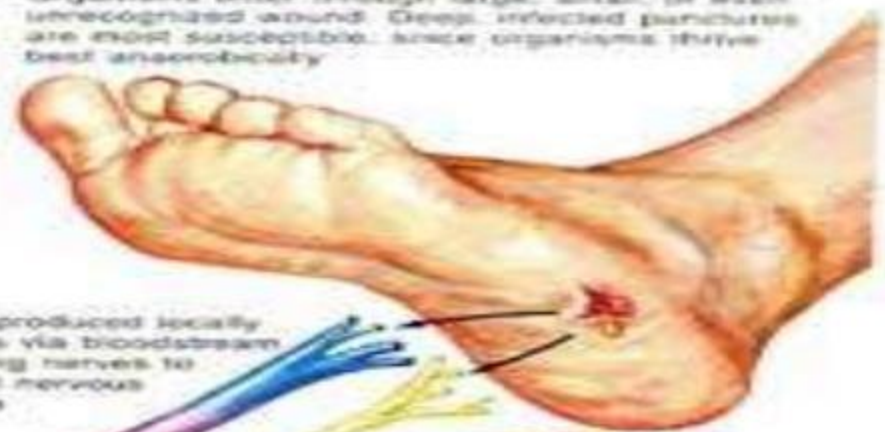
- ▣ An infectious disease caused by contamination of wounds from the bacteria *Clostridium tetani*, or the spores they produce that live in the soil, and animal feces
- ▣ Infection follows **when spores**
- ▣ **become activated and develop**
- ▣ into gram-positive bacteria that multiply
- ▣ and produce a very powerful toxin (**tetanospasmin**) that affects the muscles.





Clostridium tetani: gram-negative, spore-bearing rods

Organisms enter through large, small, or even unrecognized wounds. Deep, infected punctures are most susceptible, since organisms thrive best anaerobically



Toxin produced locally passes via bloodstream or along nerves to central nervous system



Motor neurons of spinal cord (anterior horns) and of brainstem become hyperactive because toxin specifically attacks inhibitory (GABAergic) cells

Spasm of jaw, facial and neck muscles (trismus [lockjaw], risus sardonicus) and dysphagia are often early symptoms after variable incubation period



© 2000 CDC



Complete tetanic spasms in advanced disease. Patients rigid in moderate opisthotonos, with arms extended, abdomen boardlike. Respiratory arrest may occur



Clostridium difficile

Clostridium difficile

"C. diff", is a species of Gram-positive bacteria of the genus *Clostridium* that causes diarrhea and other intestinal disease when competing bacteria are wiped out by antibiotics. □

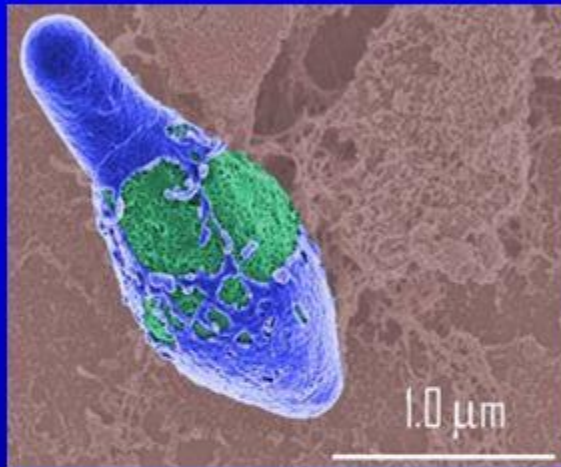


Cl. Botulinum



- Botulus = sausages
- Soil, manure, vegetables
- Strict aerobes grow on ordinary media
- Large fimbriate irregular colonies
- GPB with sub-terminal highly resistant spores
- Classification based on toxin produced – 8 types A (most toxic), B, C 1- 3, D, E, F, G

Bacterium of the day: *Clostridium botulinum*



CLOSTRIDIUM BOTULINUM

Clostridium botulinum is an anaerobic, Gram-positive, spore-forming rod that produces a potent neurotoxin. The spores are heat-resistant and can survive in foods that are incorrectly or minimally processed.

Foodborne botulism is a severe type of food poisoning caused by the ingestion of foods containing the potent neurotoxin formed during growth of the organism. The toxin is heat labile and can be destroyed if heated at 80°C for 10 minutes or longer. The disease is of considerable concern because of its high mortality rate if not treated immediately and properly. It can happen with inadequately processed, home-canned foods, in meat products, sausages, canned vegetables and seafood products.

Signs of Food-borne and Wound Botulism

- **Ventilatory (respiratory) problems**
- **Eye muscle paresis/paralysis (extra ocular, eyelid)**
- **Dry mucous membranes in mouth/throat**
- **Dilated, fixed pupils**
- **Ataxia**
- **Hypotension**
- **Nystagmus**
- **Decreased to absent deep tendon reflexes**

Figure 2. Seventeen-Year-Old Patient With Mild Botulism



A. Patient at rest. Note bilateral mild ptosis, dilated pupils, disconjugate gaze, and symmetric facial muscles.

B, Patient was requested to perform his maximum smile. Note absent smile creases, ptosis, minimally asymmetric smile.

A microscopic image showing numerous red, comma-shaped bacteria (Campylobacter) scattered across a light-colored, textured background. The bacteria are small and curved, with some appearing in small clusters. The image is framed by a dark blue border with a subtle geometric pattern.

Campylobacter

Campylobacter

- Among the most widespread cause of infection in the world.
- Cause both diarrheal and systemic diseases
- *Campylobacter jejuni*

Typical Organisms

- Gram-negative rods with comma, S, or “gull-wing” shapes.
- Motile, with a single polar flagellum
- No spore & no capsule



Culture

- An atmosphere with reduced O₂ (5% O₂) with added CO₂ (10% CO₂)
- At 42 °C (for selection)
- Several selective media can be used (eg, Skirrow's medium)
- Two types of colonies:
 - ☺ watery and spreading
 - ☺ round and convex

Virulence Factor

- Lipopolysaccharides (LPS) with endotoxic activity
- Cytopathic extracellular toxins and enterotoxins have been found

Pathogenesis

- The infection by oral route from food, drink, or contact with infected animals or animal products(**Milk, meat products**).
- Susceptible to gastric acid (about 10^4 organisms)



Campylobacter - symptoms

- Incubation: 4-8d
- Acute enteritis: 1w, stools remain positive for 3 w
- Acute colitis
- Acute abdominal pain
- Bacteremia: <1% *C. jejuni*
- Septic abortion
- Reactive arthritis
- diarrhea
- malaise
- fever
- abdominal pain
- usually self-limiting
- antibiotics occasionally
- bacteremia
 - small minority

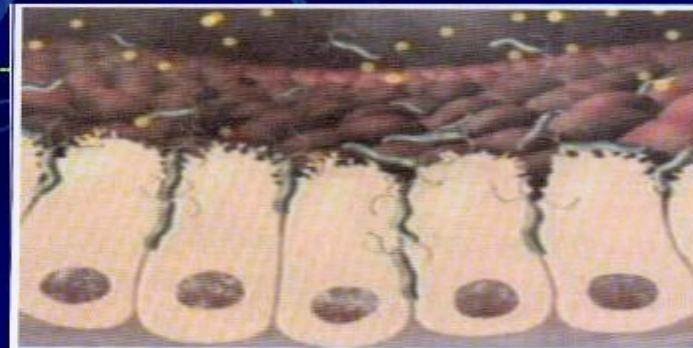
Diagnostic Laboratory Tests

- Specimens: Diarrheal stools
- Smears: Gram-stained smears of stool may show the typical “gull-shaped” rods.
- Culture: (have been described above)

Helicobacter pylori

- Curved bacilli –
- Former name - *Campylobacter pylori*,

•  ***H. pylori***



WARREN AND MARSHAL WINS NOBEL PRIZE



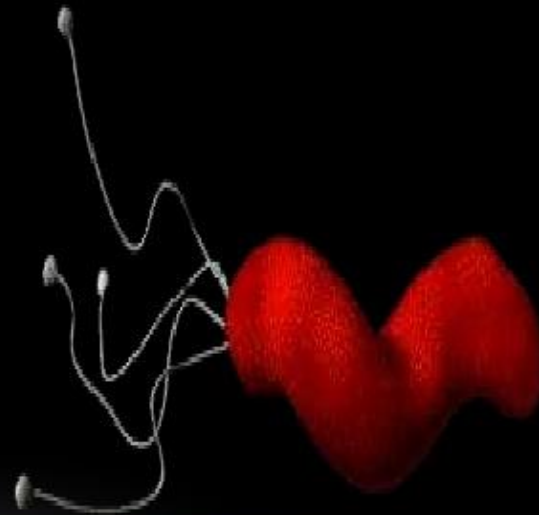
Helicobacter pylori

- *Helicobacter pylori* is the prototype organism in this group. It is associated with antral gastritis, gastric ulcers, and gastric carcinoma.



HELICOBACTER PYLORI

- Gram –ve spiral shaped , motile with unipolar tuft of lopotrichus flagella



H. PYLORI BACTERIA

- Gram negative
- Spiral rod
- Unipolar flagella
- Microaerophilic
- Urease positive*

*Most important
character



*Scanning microscopic view of *H. pylori*

CULTURING AND BIOCHEMICAL CHARACTERS

- Grows on chocolate agar, Campylobacter media
- Grows under Microaerophilic conditions
- With presence of 5 – 20% CO_2
- Oxidase +
- Catalase –
- Urease strongly +++
- H_2S

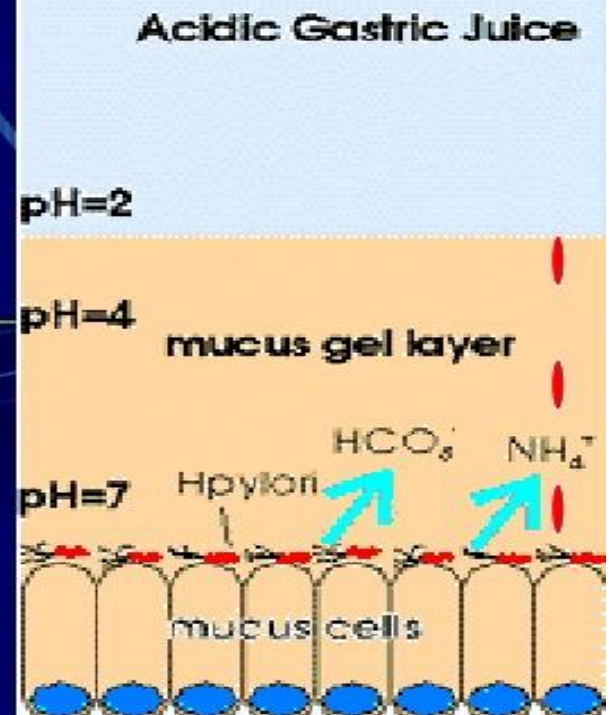


Virulence factors

- **vacA (vacuolation associated) cytotoxin, Pathogenicity island: cag, cytotoxin associated gene A+genes related to bacterial secretion**
- **Cag⁺ HP is much more associated with peptic ulcer disease than Cag⁽⁻⁾ HP.**

Pathogenesis

- Motility – it moves into the mucus and produces adhesins on gastric epithelial cells (not intestinal epithelial cells)
- Urease production, breaks down the urea to ammonia which buffers the pH around the bacterium.
- Persists, escape defense mechanisms – SOD, catalase, Urease. Break down free radicals



Pathogenesis

- *H pylori* invade the epithelial cell surface to a certain degree
- Toxins and LPS may damage the mucosal cells
- NH_3 produced by the **urease** activity may also damage the cells

Epidemiology

Over 50% worlds population is infected.

70-80% in developing countries.

Human genomic sequencing suggest that they got infected 58000 years back.

More common in low socioeconomic status

Humans are major reservoir

Housing density, crowded conditions in the home, number of siblings, sharing a bed, and lack of hot running water

Person to person transmission

- Gastro oral route
- Feco oral route
- Oral - Oral route

**Vomit 100 fold higher
than saliva and stool**

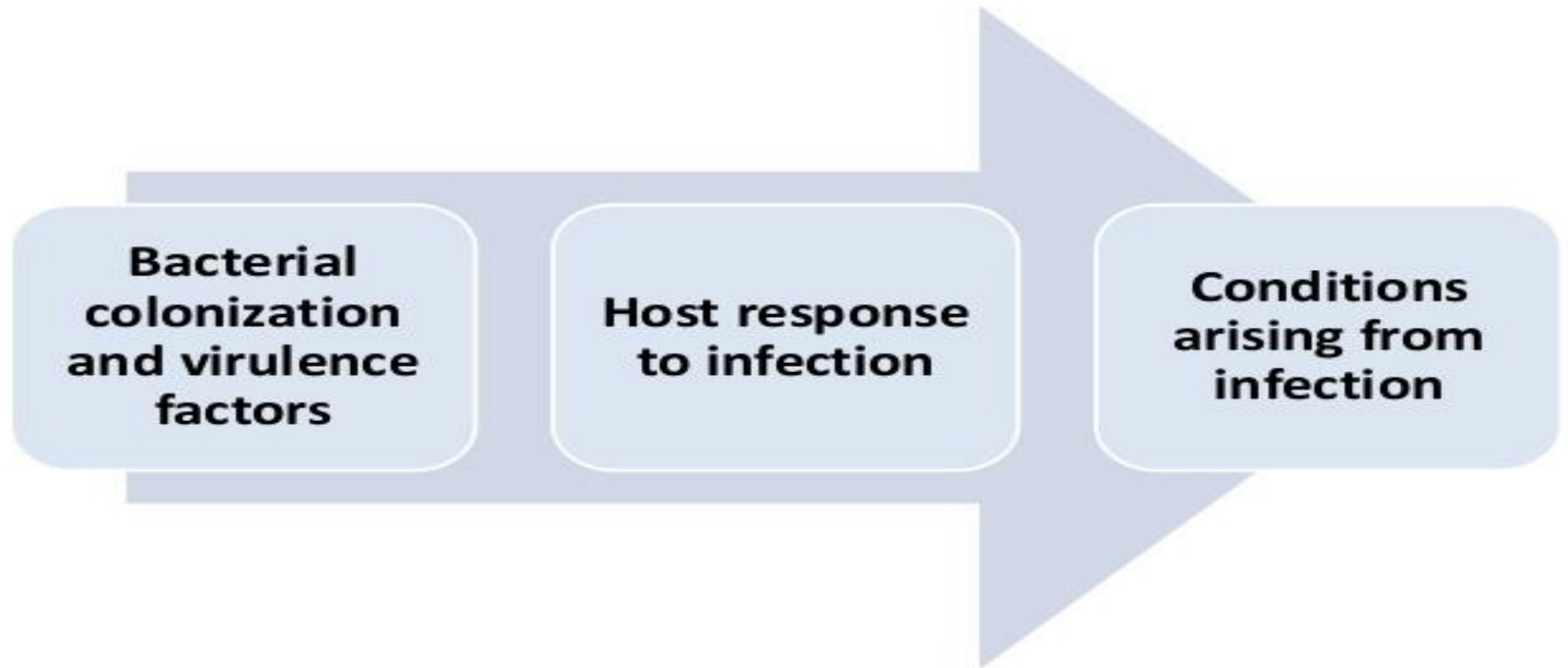
Contaminated water

- developing countries

Iatrogenic

- inadequately disinfected endoscopic devices

Pathogenesis



Flagella

bacterial mobility & chemotaxis
to colonize under mucosa

Urease

neutralize gastric acid
gastric mucosal injury (by ammonia)

Lipopolysaccharides

adhere to host cells
inflammation

Outer proteins

adhere to host cells

Exotoxin(s)

- **vacuolating toxin (vacA)**
gastric mucosal injury

Secretory enzymes

- **mucinase, protease, lipase**
gastric mucosal injury

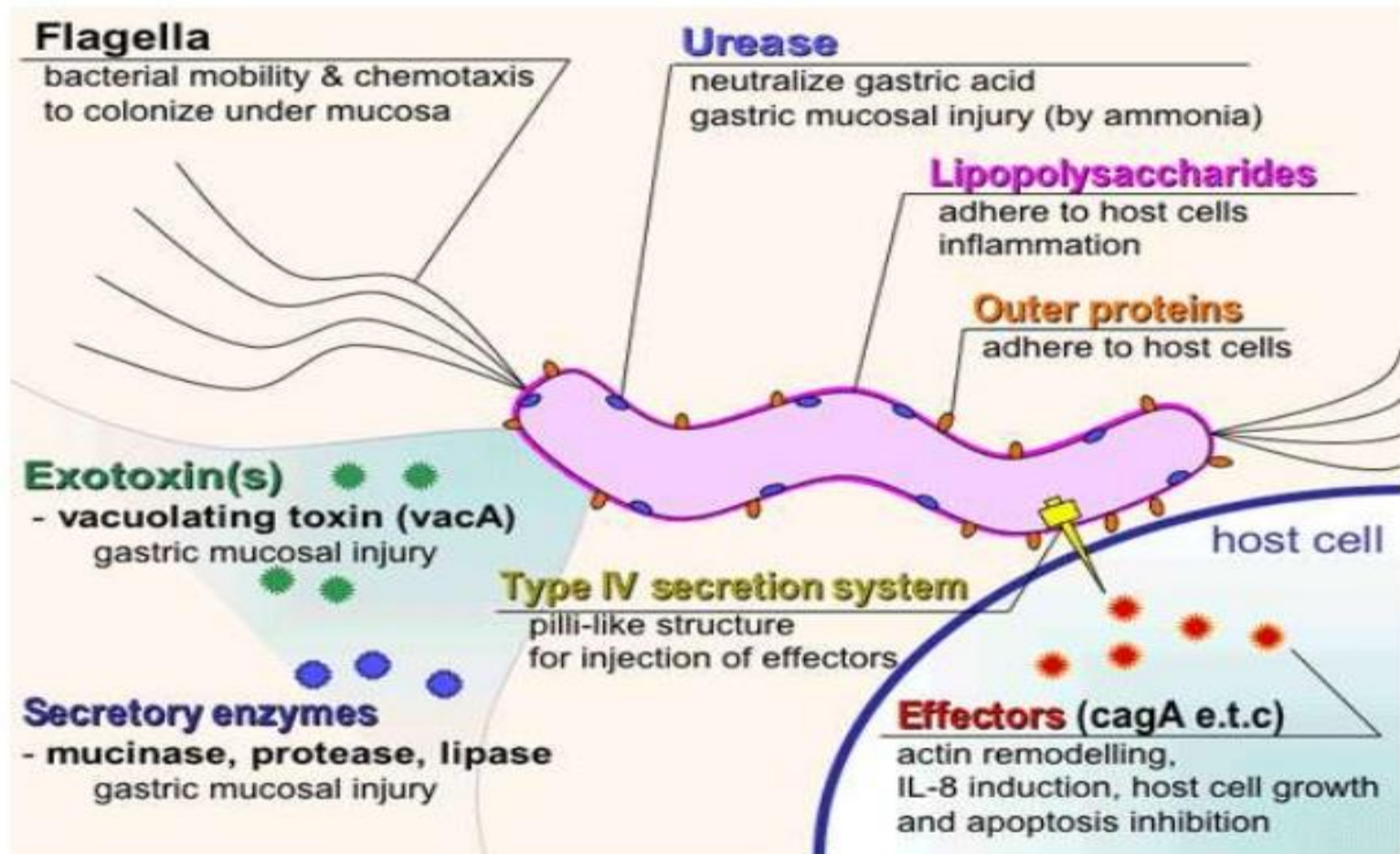
Type IV secretion system

pilli-like structure
for injection of effectors

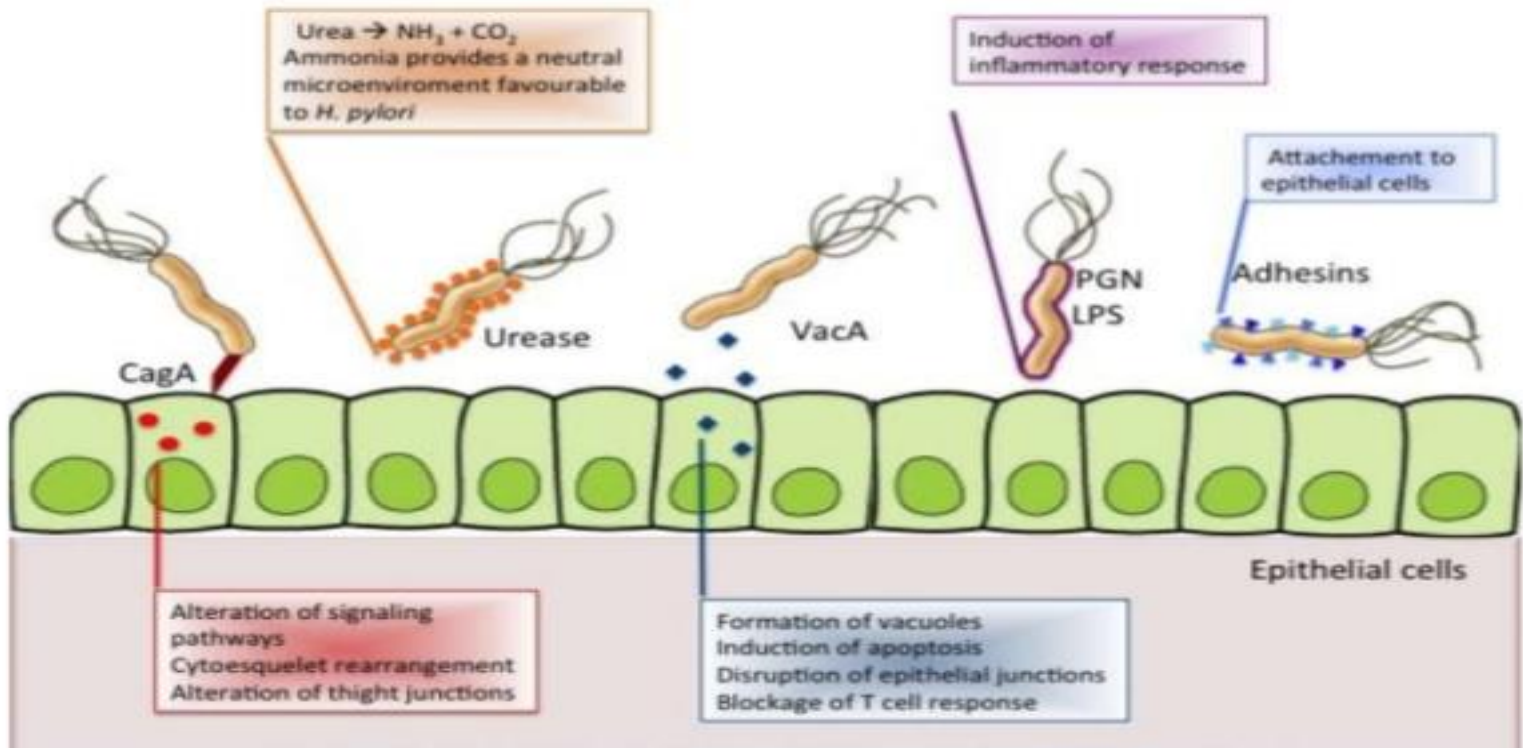
Effectors (cagA e.t.c)

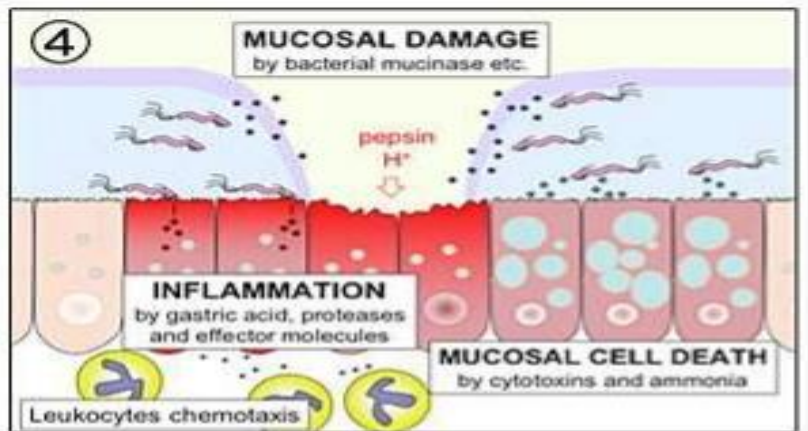
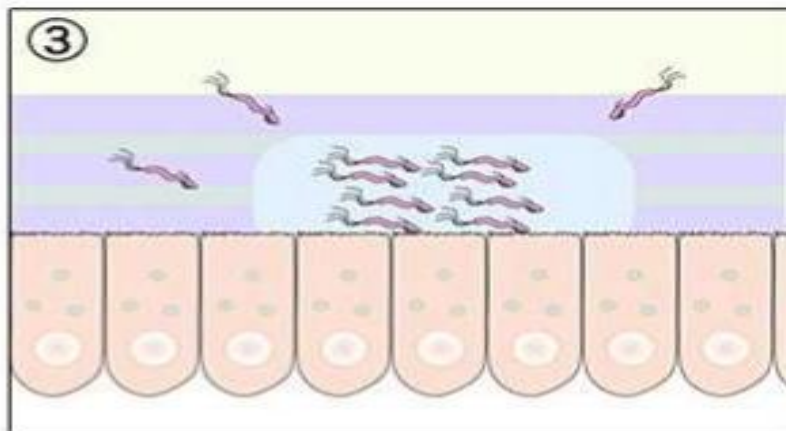
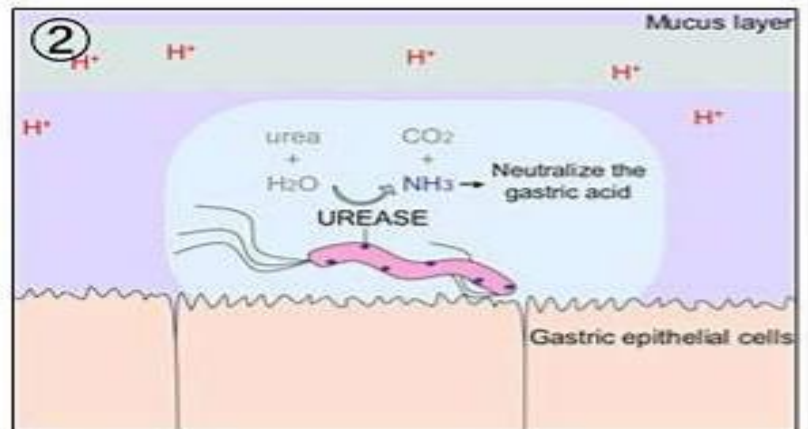
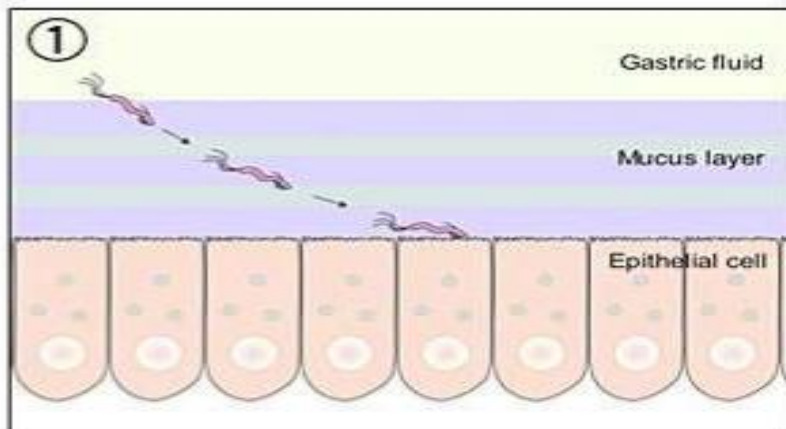
actin remodelling,
IL-8 induction, host cell growth
and apoptosis inhibition

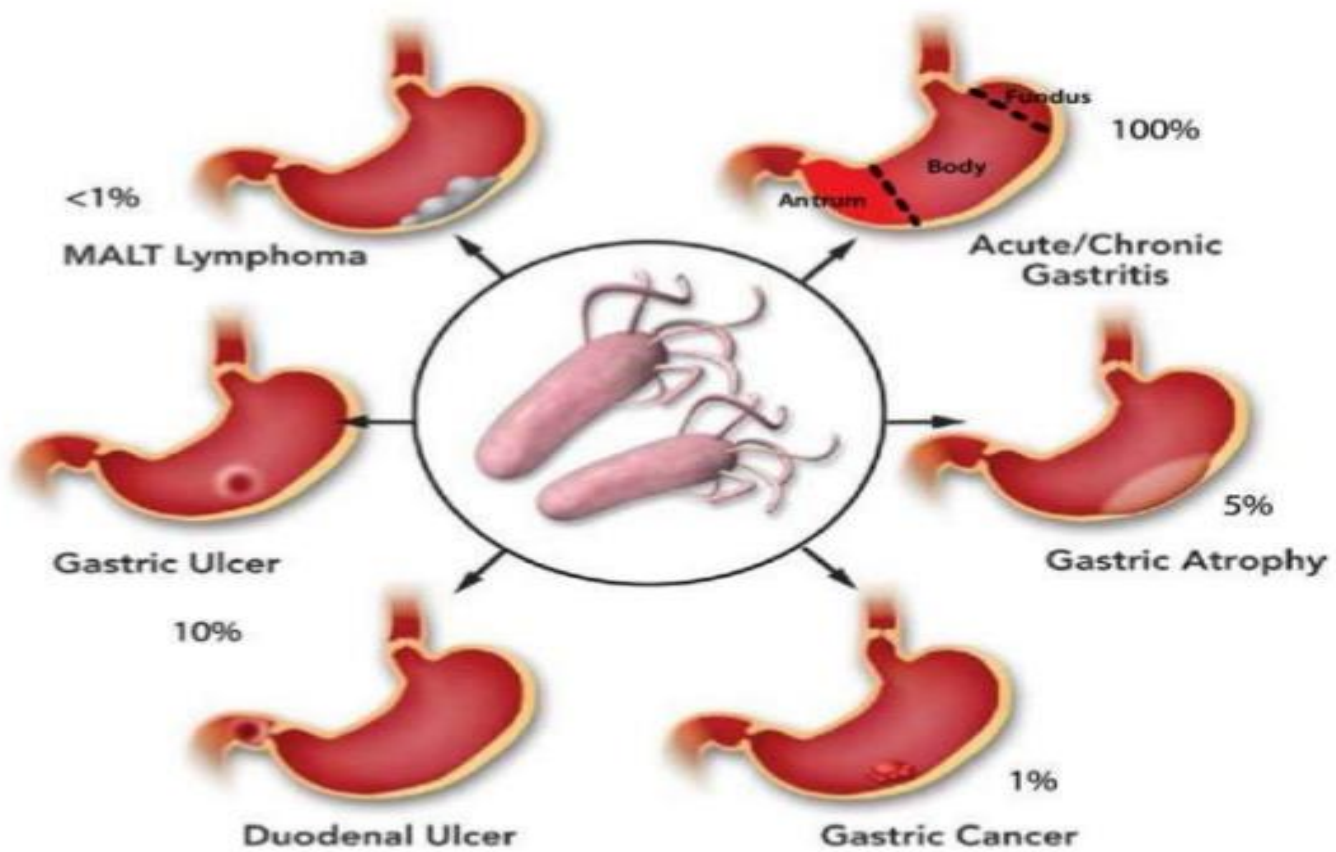
host cell



Gastric Lumen







Tests for Hp Infection

Non Endoscopic Tests

- Serology (qualitative or quantitative Ig G)
- Urea breath test
- Stool antigen test

Endoscopic Tests

- Histology
- RUT
- Culture
- PCR assay